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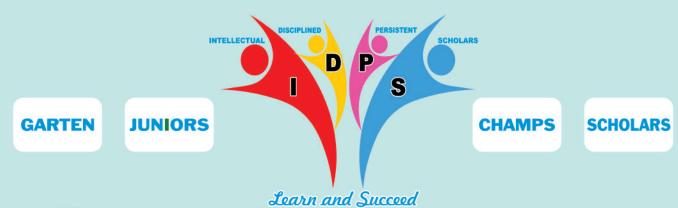


INTERNATIONAL DELHI PUBLIC SCHOOL



CBSE Code: 730102

ISO 9001:2015













PROF. SHIV DATT "NIRMOHI"

Prof. Shivdatt Nirmohi ji is a living encyclopaedia of Duggar "Jammu region". He has been working silently but steadily to document the traditions, rituals, history, culture and heritage of Jammu region. His medium is Hindi and vernacular Dogri. Born on 19th April, 1937 in Panthal (Katra Vaishno Devi, Reasi) to Shri Sawan Mal and Shri Mati Aasso Devi , Prof. Nirmohi completed his matriculation in 1954 and joined education department in 1956. He enriched his qualification and was selected for higher education department in 1976. He retired in 1995 as Associate Professor. Professor Nirmohi worked for the Union Public Service Commission as subject expert of Dogri language. He served as the member of the advisory board of Sahitya Academy, New Delhi and many other cultural and literary associations. He participated in many national and international seminars organised by Indian universities and presented his research papers. His more than one hundred research papers have been published. Prof. Nirmohi explored the Duggars Pardesh (Jammu region) thoroughly and published 35 books on the topic of Folklore, culture, history, art and archaeology, religion, philosophy, anthropology, linguistic and heritage with the pen name "Shiv Nirmohi". He discovered many places of historical and cultural relevance and started a movement for the preservation of heritage of "Duggar" (Jammu region). He discovered intimate regional relationship in himalayan culture ranging from Jammu and Kashmir, Himachal Pradesh, Uttarakhand and Nepal. Prof. Nirmohi has received various honours and awards. Jammu and Kashmir government bestowed upon him state award in 1972 in field of education. He also received BAL Sahitya award in 1980. Academy of art, culture and languages bestowed upon him three best books award in 1984, 1999 and 2011. Central Hindi Directorate, New Delhi honoured his two books in 1990 and 1993. He received Mooluram Thakur National award in 2014. More than twenty literary and cultural organisations honoured him for his literary and cultural contributions.



PARTICIPATION IN EDUCATIONAL ACTIVITIES.

- 1. Prof. Nirmohi attended ten days workshop for the preparation of books for adults organised by the regional resource centre, Punjab University Chandigarh from 19th to 20th January, 1979.
- 2. He attended three weeks researcher course at Banaras on the topic of "Trends in Hindi literature' which was organised by BHU from Feb 15th to March 06, 1990.
- 3. He remained a member of the board of studies in Hindi subject in Jammu University for 15 years.
- 4. Nominated as member of advisory committee of Kendriya Vidyalaya Udhampur.
- 5. Remained a member of advisory committee of Shivalik college of Education from 2002 to 2005.
- 6. Remained a subject expert (Dogri subject) in Union Public Service Commission during the year 2005 to 2008.

LITERARY AWARDS RECOGNITION

STATE LEVEL

- 1. Best book award on Duggar key Lok gathain (Hindi bestowed by cultural academy in 1984)
- 2. Best book award on Duggar Ka Lok Sahitya bestowed by J&K cultural academy in 1990.
- Best book award on Sanskriti aur Parampara bestowed by J&K cultural academy in 2011.
 National Level Recognition

Central Hindi Directorate Government of India bestowed by the following awards on the books of culture of Jammu.

- 1. Duggar ki Sanskrit award was bestowed by Shri Chander Shekhar, Prime minister of India in 1990.
- 2. Paddar / Lo aur Sanskrit award was bestowed by Shri. Atal Bihari Vajpayee ji in 2003.
- 3. Mooluram Thakur Jivant national award bestowed by Bhathi weavers education operative society, Kulu Himachal Pradesh on 2014. International awards
- 1. Rashtriya Hindi Sevisahestravidi Samman bestowed by Sevisahestravidi Samman Vishav Hindi Samelan Antarrashtriya vishav samiti prabanthak Maha Sangh on 17th September, 2000.
- 2. Antarrashtriya Hindi samman bestowed by Antarrashtriya Hindi Seva Sansthan, Allahabad on 18th of November, 2018.

OTHER AWARDS

- 1. National award bestowed by president of India on 18th of November, 2021 Padamshri
- 2. Life time achievement award announced by Jammu and Kashmir 26th January, 2021.

HONOURS

- $\textbf{1.} \quad Jammu \ and \ Kashmir \ Chief \ Minister \ Jenab \ Sheikh \ Abdullah \ honoured \ him \ as \ writer \ on \ 3rd \ of \ June \ 1980 \ at \ his \ private \ secretariat \ Srinagar.$
- $\textbf{2.} \quad \textbf{Sahastravidi vishwas Hindi Samelan Delhi honoured him Hindi writer on Sept 17, 2000 at Lodhi road, New Delhi along with the gold medal.} \\$
- 3. Geemanz academy Panipat (Haryana) bestowed him Padamshri Dr. Lakshmi Narayan Dubey Samriti samman in the year 2001.
- Nami Dogri Sanstha Jammu honoured him on Jan 12, 2002 and bestowed upon him the title Sahityashri.
- Srijan, an organistion of Udhampur writers honoured him in 1995 in recognition of his work on cultural history of Duggars.
 Dogri Sanstha Jammu honoured him in August 1995 in recognition of his research work or Dogra land.
- 7. Dogri Sahitya Sabha Reasi honoured him in 1993 in recognition of his work on folklore of Duggars.
- 8. Name in dogri Sanstha Jammu organised a special function on life and work of Prof. Nirmohi in 2003.
- 9. Bharti kala Manch Udhampur bestowed upon him the title Bharti kala samman in 2001.
- 10. General Zorawar Singh memorial Trust Reasi honoured him as "historian of Duggar" on 16th of March, 2003 in Reasi.
- 11. Shivalik College of education of Udhampur honoured him on 22nd April 2003 being an educationist as well as writer.

12. Government College for women Udhampur honoured him on 5th September 1998 as a writer and an educationist.

CONNECTION WITH DIFFERENT ORGANISATIONS:-

- 1. Prof. Nirmohi remained as secretary of dogri Sahitya Sabha Panthal since 1967 to 1980.
- 2. He remained secretary to Swami Nityanand Smarak Panthal a social organisation. He also wrote a book in dogri on the life and work of Swami Nityanand. Again he also wrote another book in Hindi as co writer on life of Swami ji.
- 3. He is the founder Principal of Shivalik College of education Udhampur. He remained general secretary to Udhampur Sathiya Sangam from 1982 to 1986.
- 4. He is patron to Trikuta Sahitya Sangam Katra Dogri Sahitya Mandal Ramnagar.
- 5. He is an active member of Dogri Sahitya Sabha Jammu.
- 6. He was a secretary to Jammu Itihas Aibm Sanskriti Sangam Jammu.
- 7. He is an advisor of Duggar heritage society Udhampur.





SOCIAL MEDIA: A BOON OR A BANE

Man is known as social animal since human existence and Neurobiology claims that humans are inherently social and hence like to be socially connected. Being connected with friends, relatives, neighbors and colleagues has played a significant role in bonding and hence relieves stress, anxiety, and sadness.



There is a lot of scientific data which reveals that people with good social contacts and

networking are less vulnerable to psychological issues and development of mental illnesses as compared to those people who are not socially connected.

Humans communicate in different ways such as interpersonal communication, group communication etc. Earlier people communicated via letters, visiting each other and in time through telephone. With the advances in technology development in modes of communication with time, the access to internet and social media, world has become global village. Now it has become easier to reach out to anyone in any part of the world in no time.

These days' people spend most of their time on social media platforms. After the emergence of COVID-19 infection people were advised to stay at home by their respective governments to curb the spread of the said infection which resulted in a boom of use of social media. According to recent data, as many as 90% of young adults currently spend time on social media sites and majority of them using WhatsApp, Facebook, Instagram, or Twitter, at least once per day. These figures are increasing day by day as social media has now become quite important in everyone's life.

Social media has many positive and enjoyable benefits, but it can also have negative effects on us.

Positive effects of social media

- Ø By staying connected on social media we can find new friends and build relationships with like-minded people.
- Ø We can nurture already existing relationships.
- Ø Social media can be a great source for faster communication.
- Ø We can stay in touch with our friends and family who are far away from us.
- Ø Social media can raise a powerful voice for the underprivileged citizens of the society.
- Ø It is easier to reach out to more people and put forward one's point of view.
- Ø By sharing one's personal experiences on social media, we learn to empathize and relate with each other.
- Ø Social media is capable of escaping boredom and refreshing one's mind so that one can have a fresh start and improve one's performance.
- Ø On social media platforms we can raise awareness about any social cause and health issues.
- Ø We can discuss new topics relevant to our society.
- Ø Social media can be a great source of income for many.
- Ø News from just about any part of the world can spread likenever before on social media.
- Ø It can be very helpful for expanding business.
- Ø Social media is a great place for students to find mentors and training programs to learn new skills and gain knowledge.
- It has given new lease of life to learners and mentors by connecting during classes, conferences etc. through zoom meetings, Google Classrooms, WebEx etc.
- Ø Many influencers will openly share their knowledge to help others
- Ø It enables such people to talk to others, discuss their mental health
- Ø Social media makes it infinitely easy for you to find content that serves your interests.
- Negative or toxic effects of social media
- Social media is highly addictive.
- It is a proven fact that people develop screen dependency and get addicted to social media sites.
- Social media can damage self-image.

Social media sites provide tools that allow people to earn other's approval for their appearance and the possibility to compare themselves to others.

False belief of control.

Social media can make you believe that you can control the way you want to etc.

Social media can actually make you lonely.

Spending time in your room alone can make you lonely. It actually separates us from others. So, this is no replacement for real social networking, neighbours and friends.

· It brings sadness many a times

Social media brings less moment-to-moment happiness.

· Infodemics:

Pandemic and other catastrophes are complicated by false and baseless news which actually horrifies the society and spreads a lot of misinformation and hence contributes negatively.

· Danger of cyber bullying on social media.

Cyber bullying is a growing concern, due to the horrific effects it had on teens over recent years.

· Students and teenagers waste a lot of time on social networking sites, which leads them to focus less on their academics.

Playing online and offline games, watching pornography, fantasy / magical networks etc. distracts children from their real goals like academics, family, friends and so on.

· Social media can be the root cause of depression and anxiety.

BODY LANGUAGE

When we communicate with others, we express our thoughts and feelings not only through the words we choose, but also through our tone of voice, facial expression and body language. In fact, many communications experts believe that far more information is communicated nonverbally (without words) than verbally (with words). "Body language" is an important part of non-verbal communication.



Ms. Anupreet Kour

Body languages includes many different aspects of our everyday physical behavior: the way we greet one another; how we stand, how we sit or walk; the way we position our arms and legs or use our hands and eyes are some of the most basic.

To learn another language is more than just learning words and grammar, it involves learning about another culture, too. We learn much of our own culture's body language before we learn to speak, from the time we are children, usually without even being aware of it. And that body language varies from culture to culture, so it's something to which second language learners should pay attention.

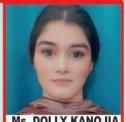
So, how attuned are you to other people's body language? Try this little experiment. Turn the volume on the television right down while you watch people interact on the screen. You may find it is more difficult to understand what's happening between people from unfamiliar cultures.

Sometimes, cultural differences in appropriate body language can cause discomfort or misunderstandings too. For example, there are definite cultural differences in how much distance should be kept between two people who are speaking together. If you are used to people keeping their distance, you will feel very uncomfortable and probably move away repeatedly, if someone keeps trying to stand closer to you at a party! We call this the: "personal comfort zone".

Another common example of misunderstanding is the use of a smile, in some Asian cultures, a smile can show embarrassment or apology. however, smiling back at a teacher who is unhappy with you, or a stranger whose foot you accidentally stepped upon is probably not a good idea in most English-speaking cultures! Also, you should not assume that nodding your head means yes or that shaking you head means no or vice versa. Yes, you can even get that wrong, with potentially disastrous consequences

MY SCHOOL IDPS

There Is Hardly Any Human Being Who Has Never Gone Through Up And Downs In His Life.life Is Full Of Incidents Good And Bad.everyone Writes About Their Hobbies Or Some Incidents Happen In Their Life But Today I Am Going To Write About My Recent Experience That Is My School Idps. Just After Completing My Bachelor's Degree I Took My Very First Step Which



Ms. DOLLY KANOJIA

Everyone Cherished Me That What A Great Start. When We Are Away From Anything We Can Just Predict About It.yes, M Talking About The Top Most School Of Our Town International Delhi Public School Jammu.

School Is Said To Be A Temple Of Knowledge Or The Very First Place That Introduced You To The World And More So Your Own Self. I Just Have Joined My School Yes I Want To Say My School, Few Months Ago But It Seems Like This Is What I Was Searching For. For Me Everything Is Not Money, Its My Inner Satisfaction When My Heart And Mind Is Agreed That Yes I Am On A Right

A Good Teacher Is Like A Candle It Consumes Itself To Light The Way For Others.teacher Has Always Been Considered A Noble Profession And I Have Joined As A Prt Teacher In This School.although I Was Very Intelligent In My School Days But Still I Am Learning Here Day By Day. I Joined Here And This School Has Become A Part Of My Life . Now What To Say In Praise Of My School, the Name Is Enough. Literally I Am Feeling Proud And Blessed To Be A Part Of This Institution. First Of All The Hierarchy Of Tis School Is So Transparent That Makes Dealing With Behaviour In School Quicker And Easier For Teachers. There Is Not Any Kind Of Confusion Or Anxiety About Taking A Problem To Their Immediate Senior For Clear Guidance And Support From The School Management. Nothing Can Be More Beautiful As That Of The School Building Of My School.the Infrastructure Is Fully Updated, there Are Ac Classrooms, Smart Boards, Labs, Swimming Pool Wonderland, Sports Arena, Music And Dance Room, Art And Craft Room, Sanitation Facilities Everything Beyond The Level. There Are Timily Activities Like Quizes, Competitions, Olympiads, Writing Competitions, Sports And Art And Craft, Literary Weeks And Most Important Clubs For All Students In All The Days Of The Weeks For The Over All Development Of The Students.my School Holds Regular Parent Teacher Meetings To Work For The Betterment Of The Child.it Helps In The Valuation Of The Academic And Non Academic Performance Of The Child.

Good Teachers And The Playful Environment Of My School Makes My School The Best. The Teachers Are So Good And Cooperative That The Students Never Feel Any Difficulty In Any Subject. We Provide Toys, Music Technology To Teach In Primary Classes. When They Do They Learn Better Throgh Activity. There Is Also Bagless Policy In Our Schoolin Whch Students Do Not Have To Carry All The Books To Their Homes At Their Backs As We Have Made Racks In The Classrooms. There Is A Almanac Writing Tradition In My School On Daily Basis. It Gave Students Various Opportunities To Develop Not Only My Scholastic Abilities But Also The Art And Sport Side. All My Teachers Have All The Abilities And Attributes And Are Capable Of Combining All Methods Of Teaching.

I Am Grateful To The Management For Accepting Me As A Part Of Your Institution. I Am Willing To Take Any Risk With Smile And Courage In My Future Journey Of The School.

In The End I Would Like To Say That 'What A Team Of Talented, Caring, Strong, Hard Working, Innovative And Intelligent Leaders Our School Has......' Proud To Be An Idpian.

ONLY ONE

STARS ARE MILLIONS, BUT SHINES ONLY ONE. FRIENDS ARE MANY, BUT HEART TOUCHES ONLY ONE. PRAYERS ARE MANY, BUT A TRUE PRAYER IS ONLY ONE. LOVE HAS MANY MEANINGS, BUT A MOTHER'S LOVE IS ONLY ONE. TEACHERS ARE MANY, BUT GURU DHRONE BECOMES ONLY ONE. SCHOOLS ARE MANY, BUT GURUKUL BECOMES ONLY ONE.



(BUT SELECTION IS ONLY FOR ONE.) PEOPLE ARE MANY, BUT HUMANITY HAS ONLY SOME. WE CAN BE DIFFERENT, BUT ALMIGHTY (GOD) IS ONLY ONE.

Nature

Nature is again on its selection mode Darwin must be smiling from heaven 'Survival of the Fittest' is still applicable, O Humans..Don't you dare forget..., To cope to the changing environmental conditions..



Ms. Jasleen Raina

One must change, And that change is 'Adaptation', And this time, Wear

mask to adapt, Wash hands to adapt, Stay indoor to adapt Keep social distance to adapt, The ones who adapt, are the fittest for the Nature, thus selected by it.









A MOMENTARY VIEW OF ACTIVITIES

INDEPENDENCE DAY CELEBRATION

Flag Hoisting ceremony on the eve of Independence day in the presence of Chairperson - Ms Manisha Choudhary, Managing Director - Mr Swarn Choudhary, Director - Mr Yashpal Choudhary and Principal - Ms Randeep Wazir. Entire admin staff and the faculty from Music and Dance were present to witness the event.



CYCLOTHON ON INDEPENDENCE DAY

International Delhi Public School Jammu in collaboration with Amar Ujala conducted the Cycle Rally to commemorate 75 years of our Independence under the banner of Azadi ka Amrit Mahotsav. Theme of the event: Maa tujhe Pranam - Mahotsav Vishwas ka. ADC - Mr. Rakesh Dubey along with the officials from Amar Ujala and Management of IDPS Jammu - Mr. Suminder Singh flagged off the Rally from Maharaja Hari Singh Park. More than 100 cyclists of all the age groups participated in the rally which culminated at IDPS Jammu. Plantation Drive was also conducted at IDPS Jammu along with the Felicitation of all the cyclists in the presence of Divisional Commissioner - Mr. Ramesh Kumar(IAS) who blessed and extended his warm wishes to all the cyclists.



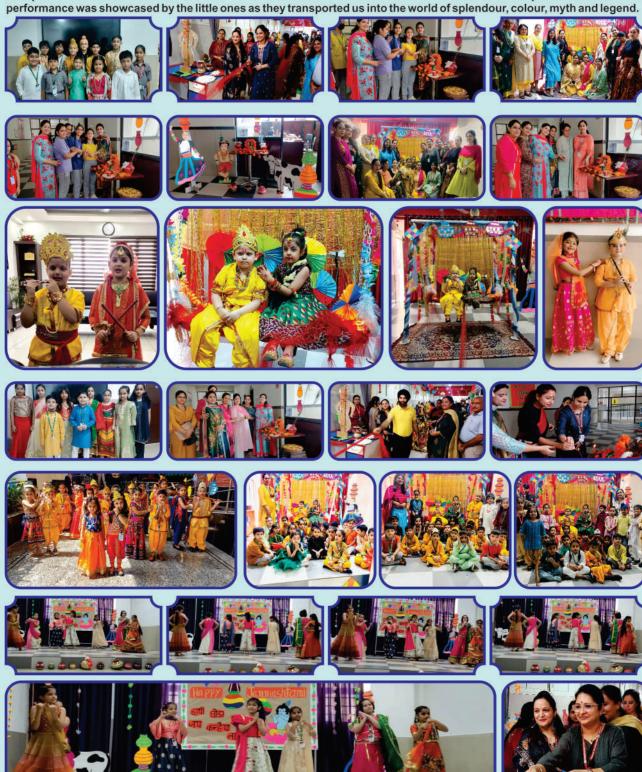




A MOMENTARY VIEW OF ACTIVITIES

JANMASHTAMI CELEBRATIONS

Janmashtami is celebrated as a symbol of the end of darkness and rooting out of the evil forces. Celebrated with full fervour as a part of traditional festivities the kids of IDPS Garten dressed as Lord Krishna and Radha. A splendid and colourful performance was showcased by the little ones as they transported us into the world of splendour, colour, myth and legend.







A MOMENTARY VIEW OF ACTIVITIES

OPENING CEREMONY - ERUDITE MODEL UNITED NATIONS 2022

It is rightly quoted - It only takes one voice, at the right pitch, to start an avalanche. With the aim to provide a platform for young voices to be heard and provide them a learning experience that challenges them in many different ways IDPS organized Erudite Model United Nations 2022. The Model United Nations is built on open minds and fresh ideas. We extend our sincere gratitude to our Chief Guest Ms. Purnima Sharma, Deputy Mayor Jammu for giving her revered presence for the event. The event provided a highly personalized, engaging and dynamic opportunity to the enthusiastic group of young minds to interact and share their valuable thoughts with each other. Together, they represented the United Nations as the delegates from different schools who came together to find solutions to the problems through constructive debate and an exchange of ideas.











































DENTAL CHECK UP CAMP - IDPS JUNIORS

Dental Doctors from 32 Pearls Dental Clinic and Implantation Centre - Dr Sukhdeep Kour , Dr Aayushi Gupta , Dr Gurpreet Kour and Dr Harish ensured to make the dental check up fun and knowledgeable for them creating awareness about good oral hygiene. Say no to wet shoes It is almost impossible to go to work and come back with your shoes clean and dry during the monsoon. If your shoes are mud-spattered or drenched, clean them properly and let them dry completely before you wear them again, otherwise, pathogens will grow in them. Make sure you have a dry pair of shoes or you can opt for special rubber shoes. The monsoon is a beautiful and spirit-uplifting season, but it does make your health vulnerable. With the simple measures we suggested, you can enjoy this season without worrying about your health.





























SAY NO TO JUNK FOOD - RALLY By IDPS GARTEN













For healthy living, getting a proper healthy and nutritious food is the most important aspect. To make the little ones understand about the importance of healthy food and differentiate between healthy and unhealthy foods is an important part of their holistic development. A rally was conducted by the little ones of IDPS Garten to create awareness about the importance of healthy food and say no to junk food



























INDEPENDENCE CUPCHESS TOURNAMENT















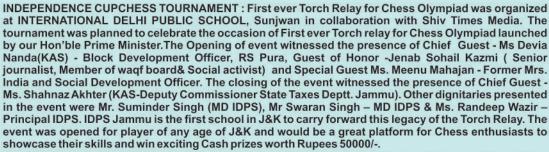






















YOGA FOR JUNIORS









YOGA FOR JUNIORS Breathing, yoga-based movement, and a mindful meditation follow, helping students bring their attention to the present moment and preparing them for learning time.



















AMAZING FACTS

ELEPHANT

MOSQUITOES



Mosquitoes are the deadliest animal in the world: They kill more people than any other due to the diseases they carry.

SKIN



Skin is the body's largest organ.

TIGER

constitution: USA (Date: June 21, 1788)



FABLED FIRST

First country to make the

Type of government: Constitutional Federal Republic

The US constitution is made of seven articles, a preamble, and a closing endorsement. In addition, the constitution has a Bill of Rights and several amendments.

The constitution was adopted by a convention of the States on September 17, 1787, and was subsequently ratified by several States. Ratification was completed on June 21, 1788.

SWEDEN

Elephants can't Jump.



Sweden has 267,570 islands, the most of any country in the world

SHARK



A shark is the only known fish that can blink with both eyes





The way to get started is to quit talking and begin doing.

Walt Disney



13 Years Old Sivakasi fire victim, Jayakumar, invented a low-cost fire extinguisher

13 YO Sivakasi fire victim, Jayakumar, invented a low-cost fire extinguisher which triggers water sprinklers when it detects heat from fire. Jayakumar's mother suffered severe burns in a factory fire in Sivakasi. She worked in one of the many fireworks factories there. In these factories, fire safety standards are nonexistent. And that is what caused his mother serious burn injuries. Jayakumar decided he would make these factories a safe place for all the factory workers. His fire extinguisher has a heat sensor that detects heat from fire and activates the water motors. Before this, he had invented a similar device to detect LPG cylinder fires. It won him national recognition and a chance to showcase his device on a national stage.

SCRABBLE

- B

- A В E
- 0 Ε
- Н M Ε
- - 1. Who was known as Iron man of India?
 - 2. The Indian to beat the computers in mathematical wizardry is 3. Professor Amartya Sen is
 - famous in which of the fields? 4. Amjad Ali Khan is associated with which musical instruments?
 - 5. Jamini Roy was a famous?



WORD MEANING

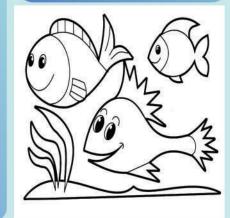


Word: PURSUE

Meaning: Follow or chase (someone or something).

Sentence: "Andrew was determined to pursue a computer career"

COLOURING PICTURE







CURRENT AFFAIRS

- 1. India's Q1 GDP grows at 13.5%, grows 4.1% compared to the previous quarter, misses estimate target.
- 2. Mikhail Gorbachey, the Last Soviet President who ended Cold War, Passes Away at age of 91
- Neeraj Chopra Gifts his Javelin to Olympic Museum: India's Olympic Champion Neeraj Chopra has gifted his gold-medal-winningjavelin to the Olympic Museum in Lausanne, Switzerland. On the 28th August - Sunday, Neeraj contributed his Gold-Medal Winning Javelin to the Museum and hoped that its presence at the Museum will inspire future generations of
- 4. With nearly one-third of neighboring Pakistan reeling under Monster Floods, the death toll due has reached 1136 Mark. As per the latest reports, the devastating floods have wreaked havoc across the country affecting nearly 33 million people in Pakistan. On the economic front, the flood has caused damages worth over \$10 billion, as per Pakistan's Planning Minister. The current crisis which is being dubbed Monster Flood seems to have been caused by unusually strong monsoon rains which have been reported at nearly 400% + Normal Rains in most parts of the country. To help deal with the calamity, Pakistan's Prime Minister Shehbaz Sharif has made a desperate appeal to the world to help the country emerge from this latest crisis.
- 5. Gautam Adani becomes 3rd Richest Person in the World, 1st Indian and Asian to Achieve the Feat Gautam Adani - 3rd Richest Person in the World: Adani Group chairman Gautam Adani has become the 3rd Richest Person in the World after surpassing surpassed Microsoft cofounder Bill Gates and LVMH co-founder Bernard Arnault. He is the 1st Indian to achieve this distinction. The distinction of becoming the Third Richest Person in the World comes as his overall net worth grew to USD 137.4 billion. Gautam Adani now world's 3rd richest person, overtakes Louis Vuitton chief



- 7. Noida Twin Tower Demolition Case: Supertech Twin Towers (Noida Twin Tower) were brought down on 28th August 2022 - Sunday, with the help of over 3,700 kg of explosives. After 9 years of legal battle waged by the Residents Welfare Association (RWA) against Supertech Builders; the Noida Twin Towers, one of the highest buildings in the country, were brought to the ground in merely 9 seconds. The illegal towers were brought down with the use of Modern Civil Engineering Technology coupled with the implosion technique by a Mumbai-based Company.
- 8. In a historic first, Supreme Court's proceedings were live streamed for today 26th August 2022. As per the official notice, the Supreme Court of India live streamed proceedings of the ceremonial bench consisting of the Chief Justice of India NV Ramana on his last working day as a Supreme Court judge, via webcast. In line with the SC tradition, CJI Ramana shared the bench with CJI-designate Justice Lalit and Justice Hima Kohli as part of the ceremonial bench. This is the first time in the 71-year-long history the proceedings of the Supreme Court were live streamed.
- 9. UNESCO Peace Prize 2022: Former German Chancellor Angela Merkel was awarded UNESCO Peace Prize for her 'efforts to welcome refugees'. According to the website of the United Nations Educational, Scientific and Cultural Organization (UNESCO), Merkel was awarded the 2022 Félix Houphout-Boigny-UNESCO Peace Prize for her "courageous decision in 2015 to welcome more than 1.2 million refugees, notably from Syria, Iraq, Afghanistan and Eritrea" as per the statement issued by jury president and 2018 Nobel Peace Prize winner Denis Mukwege. Merkel held the office of German Chancellor for a period of 16 years and resigned in 2021.
- 10. Russia-Ukraine War: India, for the first time, voted against Russia at UNSC during a procedural vote against Ukraine. The UN body was voting on inviting Ukrainian President Volodymyr Zelenskyy to address a meeting through video conference. India's stand on the matter was communicated by India's Permanent Representative to United Nations Ms Ruchira Kamboj. India currently is a non-permanent member of the UNSC for a two-year term, which ends in December.
- 11. INS Karna gets Composite Indoor Shooting Range: India's 1st Composite Indoor Shooting Range has been inaugurated at INS Karna. The Shooting range has been equipped with advanced target systems with associated control software to help personnel improve their firing skills. The Composite Indoor Shooting Range or CISR was inaugurated by Vice Admiral Biswajit Dasgupta at INS Karna. INS Karna is the first in the Navy and the only military unit in the country to develop and operationalize an indoor shooting range.
- 12. PM Modi inaugurates 2G Ethanol Plant: On the occasion of World Biofuel Day, Prime Minister Narendra Modi inaugurated the newly developed 2G Ethanol Plant at Panipat Refinery in
- 13. Dr Kalaiselvi N becomes CSIR Director: Breaking the glass ceiling, Dr Kalaiselvi N has become the 1st Woman Director-General of CSIR. The Council of Scientific and Industrial Research (CSIR) is India's largest research organization and is run as the consortium of 38 state-run research institutes across the country.
- 14. World's Largest Floating Solar Power Plant in India: The world's largest floating solar power plant will be built on Omkareshwar Dam on the Narmada River in Khandwa, Madhya Pradesh at an estimated cost of over Rs 3000 crores. The floating power plant is expected to generate about 600 Megawatt of power by 2022-23.
- 15. India won 22 gold, 16 silver and 23 bronze medals to record its fifth-best medal haul in CWG history.



India's Q1 GDP of











"walk-on."



FATHER'S EYES



A teenager lived alone with his father, and the two of them had a very special relationship. The father believed in encouragement. Even though the son was always on the bench, his father was always in the stands cheering. He never missed a game.

This young man was the smallest of the class when he entered high school. His father continued to encourage him but also made it very clear that he did not have to play football if he didn't want to. But the young man loved football and decided to hang in there. He was determined to try his best at every practice, and perhaps he'd get to play when he became a senior. All through high school he never missed a practice or a game, but remained a bench warmer all four years. His faithful father was always in the stands, always with words of encouragement for him. When the young man went to

college, he decided to try out for the football team as a

Everyone was sure he could never make the cut, but he did. The coach admitted that he kept him on the roster because he always puts his heart and soul to every practice, and at the same time, provided the other members with the spirit and hustle they badly needed. The news that he had survived the cut thrilled him so much that he rushed to the nearest phone and called his father. His father shared his excitement and was sent season tickets for all the college games. This persistent young athlete never missed practice during his four years at college, but he never got to play in the game.

It was the end of his senior football season, and as he trotted onto the practice field shortly before the big play off game, the coach met him with a telegram. The young man read the telegram and he became deathly silent. Swallowing hard, he mumbled to the coach, "My father died this morning.

Is it all right if I miss practice today?"

The coach put his arm gently around his shoulder and said, "Take the rest of the week off, son. And don't even plan to come back to the game on Saturday." Saturday arrived, and the game was not going well.

In the third quarter, when the team was ten points behind, a silent young man quietly slipped into the empty locker room and put on his football gear. As he ran onto the sidelines, the coach and his players were astounded to see their faithful team-mate back so soon. "Coach, please let me play. I've just got to play today," said the young man.

The coach pretended not to hear him. There was no way he wanted his worst player in this close playoff game. But the young man persisted, and finally feeling sorry for the kid, the coach gave in.

"All right," he said. "You can go in." Before long, the coach,

the players and everyone in the stands could not believe their eyes. This little unknown, who had never played before, was doing everything right. The opposing team could not stop him. He ran, he passed, blocked and tackled like a star. His team began to triumph.

The score was soon tied. In the closing seconds of the game, this kid intercepted a pass and ran all the way for the winning touchdown. The fans broke loose. His team-mates hoisted him onto their shoulders. Such cheering you've never heard!

Finally, after the stands had emptied and the team had showered and left the locker room, the coach noticed that the young man was sitting quietly in the corner all

alone. The coach came to him and said, "Kid, I can't believe it. You were fantastic!" Tell me what got into you? How did you do it? He looked at the coach, with tears in his eyes, and said, "Well, you knew my dad died, but did you know that my dad was blind?" The young man swallowed hard and forced a smile, "Dad came to all my games, but today

was the first time he could see me play, and I wanted to show him I could do it!"







P.G DEPARTMENT OF ZOOLOGY AND INSTITUTE OF HUMAN GENETICS, UNIVERSITY OF JAMMU IN COLLABORATION WITH DEPARTMENT OF PEDIATRICS, SMGS, HOSPITAL, GMC, JAMMU organized ONE DAY SCIENCE EXHIBITION

ON "AWARENESS OF GENETIC DISORDERS" IDPIANS bagged SECOND POSITION in the Poster presentation and the Model Presentation "We educate a man, we educate a single person but if we educate a girl/women we educate a family" Women is the basement of the big and strong family and a nation as a whole.



Don't feel sad because you are different from others. Every unique skill and talent has the potential to make you a superstar.

EDITOR'S

Embrace your personality and unchain your inner strength. Don't forget – the one thing that all successful people have in common is that they were different than everyone around them.

Happy Reading.....