



IDPS

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CHRONICLE

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Special Edition

INTERNATIONAL DELHI PUBLIC SCHOOL AFFILIATED TO CBSE
CBSE CODE - 730102



MR. SOHAIL KAZMI
Senior Journalist & Social Activist

I am very happy to know that IDPS's monthly school newspaper (IDPS Chronicle) has this year completed two successful years. I congratulate management & staff on this achievement. I am glad to hear that your school newspaper has reached this position. It seemed just like yesterday that IDPS started the newspaper and today it has completed two years of successful publication. I still know the day when IDPS cherished the first time to set up a school newspaper in front of me. I also remember that day when you started the School Newspaper. It was IDPS's dream. Your aim two years back was to make the school newspaper a popular one and today it stands popular in Jammu as well as in other states of India. It is indeed a matter of joy and success. This only could be achieved by Editorial Board & Staff's hard work and talent. The credit for all this also goes to IDPS working staff who sometimes worked beyond the expectations for the school newspaper. Congratulations! to IDPS and IDPS team for this grand success and may your school newspaper reach great heights in the years to come. I am proud of IDPS who made impossible to possible. You almost started with nothing and then reached for such a great achievement. I hope your school newspaper performs even well in the future. Congratulations! to you once again.



MR. K. S. AHLUWALIA
Executive Coach & Mentor-Excalibre

Education now- walk without feet, fly without wings and think without mind.

Education is not merely informed information, knowledge, its much beyond – it's an immersive, expansive feeling that expands me, lightens me, such that I experience the un-experienced, feel the unfelt and be there in the here and now- where I cease to exist, get dissolved in the expanse – in richness, aliveness and fullness. Education is experimentation, asking innocent yet pertinent questions, seeking the unknown, upping my creative visualisation – to think, feel better on a continuum basis, where I am free from my loneliness. And love, respect my own company, my true nature, my authenticity, my originality, my trueness – hence always am gainfully alone. I thus become complete, total and in totality, not fragmented, fractured, confused as I am today. Education for me is the ability to change, my questions to change my life thereby discovering the power of question thinking. One that empowers us rather than get in their way. Questions that entertain me enlighten me; exalt me to discover a step by step approach to seek the answers that are needed to transform my life across spectrum. Education was to make me free – free from all myself – my own created prison of opinions, judgements, beliefs- to make me free such that I am fresh, alive, that I experience innocence, knowledge and wonder. The same wonder, amazement, inquisitiveness, experimentation that I experienced like a child- thus recovering the capacity to approach life with a sense of spontaneous joy, rather than with cynicism, hopelessness that afflict many. A process where I chart my path to the simplicity I once knew. Remember; the knowledge person lives with a question mark, and the person of awe and wonder lives with an exclamation mark. Education – is where I discover the right meaning of what destiny is, what freedom entails and what my consciousness aspires me to do. Wherein I explore deeply human questions as- is there really such a thing as awareness and if so where is it? Does my life have a special meaning, purpose and what do I need to do to redefine my quality of existence. Education helps me to better understand the distinction between moral, immoral and amoral- what is right and what is wrong. As an aware being I need not cultivate morality, I simply become more conscious and I shall be moral. And this morality will have a totally different flavour – it will be spontaneous, and not really made. In a global world of today, we are in search of universal values- values based on a contemporary understanding that unifies us as human beings, beyond the divisions of religions, nations, races. As nation builders we need to be introduced to a quest of values that make sense in the world we live in – a quest that goes beyond moral codes of behaviour and comes from an inner connectivity with ones existence. Hence need to focus on the most pertinent question in the life of an individual – purpose effect- building meaning in myself, my role and my work space – thus creating organizations of substance that shall benefit every stake holder from employees to society in general. This sweet spot of purpose creates a reciprocal relationship between personal purpose, role purpose and organizational purpose, and it sits at the centre of my contribution. Furthering, education helps me to understand the differences between Fame, Fortune and Ambition- thereby defining the real meaning of success. It examines the symptoms and psychology of preoccupations, with money and celebrity.

Where does greed come from? Do values like competitiveness, ambition have a place in ushering innovation and positive change? Why do celebrities and wealthy seem to have so much influence in this world? How true it is that money can't buy happiness? These questions need to be tackled with a perspective that is thought provoking, surprising and in particular relevant, to our present troubled economic times. Education needs me to live a life of purpose, direction, expansion, immersion, celebration on my own terms – which is the real rebellion. People can be happy only in one way- if they are authentic themselves. Then the springs of happiness will start flowing, they become more alive, they become a joy to see, a joy to be with, they are a song, they are a dance- consequently they are ready to support this new generation in expanding its understanding of freedom and pushing towards new systems of humanity. And then only, the flowers will shower, the walk would be without feet, flight without wings and thinking without mind. ***"Your call now folks."***

Malala Yousafzai



Malala Yousafzai was born on July 12, 1997, in Mingora, the largest city in the Swat Valley in what is now the Khyber Pakhtunkhwa Province of Pakistan. She is the daughter of Ziauddin and Tor Pekai Yousafzai and has two younger brothers.

At a very young age, Malala developed a thirst for knowledge. For years her father, a passionate education advocate himself, ran a learning institution in the city, and school was a big part of Malala's family. She later wrote that her father told her stories about how she would toddle into classes even before she could talk and acted as if she were the teacher.

In 2007, when Malala was ten years old, the situation in the Swat Valley rapidly changed for her family and community. The Taliban began to control the Swat Valley and quickly

became the dominant socio-political force throughout much of northwestern Pakistan. Girls were banned from attending school, and cultural activities like dancing and watching television were prohibited. Suicide attacks were widespread, and the group made its opposition to a proper education for girls a cornerstone of its terror campaign. By the end of 2008, the Taliban had destroyed some 400 schools. Determined to go to school and with a firm belief in her right to an education, Malala stood up to the Taliban. Alongside her father, Malala quickly became a critic of their tactics. "How dare the Taliban take away my basic right to education?" she once said on Pakistani TV. In early 2009, Malala started to blog anonymously on the Urdu language site of the British Broadcasting Corporation (BBC). She wrote about life in the Swat Valley under Taliban rule, and about her desire to go to school. Using the name "Gul Makai," she described being forced to stay at home, and she questioned the motives of the Taliban. Seated on a bus heading home from school, Malala was talking with her friends

about schoolwork. Two members of the Taliban stopped the bus. A young bearded Talib asked for Malala by name, and fired three shots at her. One of the bullets entered and exited her head and lodged in her shoulder. Malala was seriously wounded. That same day, she was airlifted to a Pakistani military hospital in Peshawar and four days later to an intensive care unit in Birmingham, England. Once she was in the United Kingdom, Malala was taken out of a medically induced coma. Though she would require multiple surgeries, including repair of a facial nerve to fix the paralyzed left side of her face, she had suffered no major brain damage. In March 2013, after weeks of treatment and therapy, Malala was able to begin attending school in Birmingham.

In 2014, through the Malala Fund, the organization she co-founded with her father, Malala traveled to Jordan to meet Syrian refugees, to Kenya to meet young female students, and finally to northern Nigeria for her 17th birthday. In Nigeria, she spoke out in support of the abducted girls who were kidnapped earlier that year by Boko Haram, a terrorist group which, like the Taliban, tries to stop girls from going to

school. In October 2014, Malala, along with Indian children's rights activist Kailash Satyarthi, was named a Nobel Peace Prize winner. At age 17, she became the youngest person to receive this prize. Accepting the award, Malala reaffirmed that "This award is not just for me. It is for those forgotten children who want education. It is for those frightened children who want peace. It is for those voiceless children who want change."

Today, the Malala Fund has become an organization that, through education, empowers girls to achieve their potential and become confident and strong leaders in their own countries. Funding education projects in six countries and working with international leaders, the Malala Fund joins with local partners to invest in innovative solutions on the ground and advocates globally for quality secondary education for all girls.

Currently residing in Birmingham, Malala is an active proponent of education as a fundamental social and economic right. Through the Malala Fund and with her own voice, Malala Yousafzai remains a staunch advocate for the power of education and for girls to become agents of change in their communities.

World's Largest

S. No.	Type	Place
1.	Largest Continent	Asia
2.	Largest Delta	Ganges Delta (consists of Bangladesh and the state of West Bengal, India)
3.	Largest Desert	Sahara Desert (covers a surface area of 3.5 million square miles)
4.	Largest Island	Greenland
5.	Largest Dam	Three Gorges Dam (spans the Yangtze River in China)
6.	Largest Library	United State Library of Congress, Washington D.C.
7.	Largest Sea Bird	Albatross
8.	Largest city in population	Tokyo, Japan
9.	Largest Peninsula	Arabian Peninsula
10.	Largest Solar Plant	Yanchi Solar Park, China
11.	Longest Mountain Range	Andes (South America, Length = 5500m)
12.	Longest Ship Canal	St. Laurence Seaway (USA and Canada)
13.	Longest River Dam	Hirakud Dam, Odisha, India
14.	Biggest Country by Area	Russia
15.	Highest Fall	Angel Falls (Venezuela, located on a tributary of the Rio Caroni)

A Momentary view of Activities

International Peace Day



Teacher's Day



A Momentary view of Activities

Teacher's Day Celebrations

IDPS faculty gathered on a virtual platform to celebrate TEACHER'S DAY along with the presence of Ms Manisha Choudhary, Chairperson IDPS, Mr. Suminder Singh and Mr. Swaran Singh Choudhary - Managing Director. It's in these challenging times that we truly recognize and appreciate how our nation's educators play such a pivotal role in the children's lives—inspiring a lifelong love of learning and discovery and making a difference in their well-being and long-term success. The event was initiated by Ms Jasmeet and Ms Sapna followed by a Video presentation made by Ms Madhu Abrol, School Manager. A mesmerising musical performance given by Mr Xavier and Mr Sahil followed by a scintillating Dance performance by Mr Abhi. The highlight of the show was a light hearted laughter show by Ms. Puja Khorana and Ms. Jyoti Sharma. The event concluded with the blessings of Ms. Manisha Choudhary and a thank you note by Ms Randeep Wazir, Principal IDPS.

Happy Teacher's Day
*Each one of us make a Difference...
 Together we make Change!*

MS. RANDEEP WAZIR
PRINCIPAL, IDPS

MS. GUNEET MAAN
VICE PRINCIPAL, IDPS

MS. PRIYANKA SEHGAL
DEPUTY HM, IDPS

MS. ANNIE MS. SINDHWA MS. GEETA MS. NIDHI MS. JASLEEN

MS. TANVEER MS. MEGHA MS. RITU MS. RANJITA MS. SAPNA

MS. SUPENDER MS. ESHA MS. SWATI MS. RASHMI MS. RADHIKA MS. ANUPREET

Stalwarts of IDPS

Happy Teacher's Day

MR. ASHISH MS. HANIT MR. IRFAAN MS. ANKITA

MS. RANDEEP WAZIR
PRINCIPAL, IDPS

MR. JASMEET MS. APPU MR. XAVIER

MS. MADHU ABROL
SCHOOL MANAGER, IDPS

MS. ANU MR. ABHI MS. NIRMAL MR. SAHIL

MAINSTAY OF IDPS

Happy Teacher's Day
Pioneers of IDPS

MS. RANDEEP WAZIR
PRINCIPAL, IDPS

MS. MADHU ABROL
SCHOOL MANAGER, IDPS

MR. RAHUL MR. RAMESH MR. AKHIL MR. BANJU

MR. SHAM MR. MANMEET MS. PRIYANKA MS. JASLEEN

MR. SHUBH MS. SHIKHA MS. RANJITA MS. SAPNA

MS. SUPENDER MS. ESHA MS. SWATI MS. RASHMI MS. RADHIKA MS. ANUPREET

*There is no better Teacher than experience.
 Get things done, learn, improve, then succeed.*

INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
 CBSE CODE: 730102

Happy Teacher's Day

to all the wonderful and dedicated teachers and faculty of IDPS. You're the pillar of strength of our school. I'm proud of each one of you and the hard work you put in everyday even during COVID-19 for our students. We've the best of teachers and the credit for our school's growth and excellence goes to you. Happy Teacher's Day to our excellent teachers!!

Happy Teacher's Day

MS. RANDEEP WAZIR
PRINCIPAL, IDPS

MS. GUNEET MAAN
VICE PRINCIPAL, IDPS

MS. POOJA KHORANA
DEPUTY HM, IDPS

STEPPING STONES OF IDPS

Success and Failure move together. But success usually comes to those who are determined.... Reason behind the success of IDPS is not only me, but my team also. Each member of the team is a precious pearl of

*Every great Dream begins with a Dreamer.
 Always Remember, you have within you
 the Strength, the Patience, and the Passion
 to reach for the STARS to change the World.*

MS. GUNEET MAAN
VICE PRINCIPAL, IDPS

MS. RANDEEP WAZIR
PRINCIPAL, IDPS

MS. MADHU ABROL
SCHOOL MANAGER, IDPS

MS. RACHITA MS. JYOTI

MS. RUPALI MS. NITIKA MS. SUPREET MS. TARUN MS. VEENU

MS. PRIYANKA MS. SHIKHA MS. RANJITA MS. SAPNA

MS. SUPENDER MS. ESHA MS. SWATI MS. RASHMI MS. RADHIKA MS. ANUPREET

Impetus of IDPS

Novice of IDPS

MS. GUNEET MAAN
VICE PRINCIPAL, IDPS

MS. RANDEEP WAZIR
PRINCIPAL, IDPS

MS. MADHU ABROL
SCHOOL MANAGER, IDPS

MS. SUNORI MS. VEENITA MS. SAMBHI MS. DIVYANK MS. POOJA MS. BAVINDRA

MS. MANMEET MS. SHIKHA MS. RANJITA MS. SAPNA

MS. NITIKA MS. SUPREET MS. TARUN MS. VEENU

MS. PRIYANKA MS. SHIKHA MS. RANJITA MS. SAPNA

MS. SUPENDER MS. ESHA MS. SWATI MS. RASHMI MS. RADHIKA MS. ANUPREET

*Without continual growth and progress,
 such words as improvement,
 achievement, and success have no meaning.*

A Momentary view of Activities

Commendation Ceremony on Occasion of Teacher's Day held at IDPS

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Ms. Sunita Magotra
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Dr. Anita Sharma
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Ms. Jaya J. Paul
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Ms. Sonia Kumari
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Ms. Nidhi Sambyal
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Mr. Jiswinder Singh
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
LIFETIME ACHIEVEMENT
AWARD
PROUDLY PRESENTED TO
Dr. Arun K. Gupta
For your exemplary services in the field of Education.
03 SEPTEMBER, 2020

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
LIFETIME ACHIEVEMENT
AWARD
PROUDLY PRESENTED TO
Dr. Renu Gupta
For your exemplary services in the field of Education.
03 SEPTEMBER, 2020

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Ms. Manjari Sehgal
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
LIFETIME ACHIEVEMENT
AWARD
PROUDLY PRESENTED TO
Mr. K.C.S. Mehta
For your exemplary services in the field of Education.
03 SEPTEMBER, 2020

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
THANK YOU
Lt Gen PS Mehta
AVSM, VSM (Retd)
For giving your revered presence as Chief Guest
for Commendation Ceremony
03 SEPTEMBER, 2020

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
LIFETIME ACHIEVEMENT
AWARD
PROUDLY PRESENTED TO
Ms. Vijay Puri
For your exemplary services in the field of Education.
03 SEPTEMBER, 2020

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Ms. Vijaya Khosla
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
"Innovation in Crisis"
-A Colloquy
&
"Commendation Ceremony"
September 03, 2020 at 12:30 PM
Chief Guest
Lt Gen PS Mehta
AVSM, VSM (Retd)

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
"Innovation in Crisis"
-A Colloquy
&
"Commendation Ceremony"
September 03, 2020 at 12:30 PM
Lifetime Achievement Award
for being pioneers
in the field of education.
Chief Guest
Lt Gen PS Mehta
AVSM, VSM (Retd)

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
"Innovation in Crisis"
-A Colloquy
&
"Commendation Ceremony"
September 03, 2020 at 12:30 PM
Lifetime Achievement Award for being
pioneers in the field of Education.

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Ms. Sonia Kumari
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Ms. Arti Raina
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Mr. Vijay Bhadwal
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Ms. Dolly Chandhoke
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Ms. Sonia Salwan
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Ms. Rakhi Jasrotia
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Ms. Tanjeet Kour
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Mr. Rakesh Chandra
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Ms. Renuka Kaul
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Ms. Ambika Verma
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
Commendation Ceremony
03 September, 2020

Ms. Hameet Kour
Persistent & Passionate
EDUCATOR

INTERNATIONAL PEACE DAY CELEBRATIONS

We appreciate the wonderful art work done by the IDPIAN's and their enthusiastic participation for the International Peace Day activity to convey their message to spread love, peace and harmony.



A Momentary view of Activities

Commendation Ceremony on Occasion of Teacher's Day Held at ALSS

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Dr. Heena Munjyar
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Prarthana Sethumadhavan
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Mr. Pawan Gupta
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Vasudha Sharma
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Bhavdeep Kohli
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Charu Monga
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Daljeet Kaur Arand
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Bandan Preet Mahajan
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Vinita Mahajan
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Mr. Sumet Sharma
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Manju Wazir
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Mr. K S Ahlawalia
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Mr. Pawan Gupta
Persistent & Passionate
EDUCATOR

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in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Vandana Jambwal
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Soha Juneja
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Sanchita Mukherjee
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
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INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Mr. Rohit Sharma
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Indu Punj
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
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EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Lata Kashy
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Alpana Bhavsela
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Jyoti Sharma
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Dr. Manisha Dahiya
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Nirmla Salaria
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
in collaboration with
EDUCATION: THE LEARNING CURVE
INTERNATIONAL DELHI PUBLIC SOCIETY, NEW DELHI

Commendation Ceremony
05 September, 2020

Ms. Rachana Bhirra
Persistent & Passionate
EDUCATOR

ABRAHAM LINCOLN SHIKSHA SOCIETY
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Dr. Priya Dutta
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Ms. Chameli Karmakar
Persistent & Passionate
EDUCATOR

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Commendation Ceremony
05 September, 2020

Ms. Gita Duggal
Principal, DPS Society

Ms. Sanchita Mukherjee
Ex-Principal, Birla Open Mind International School

Ms. Alpana Baweja
Organiser

September 05, 2020 at 10:00 AM

Chief Guest

Mohammad Ali Shah
IM GRAD, INTERNATIONAL TEDU
SPEAKER & BOLLWOOD ACTOR

Applauding Educational Entrepreneurs
Breaking barriers - Succeeding Steadfastly

To discuss and deliberate, how educators have innovated their pedagogies during the pandemic that will impact their students after the crisis abates.

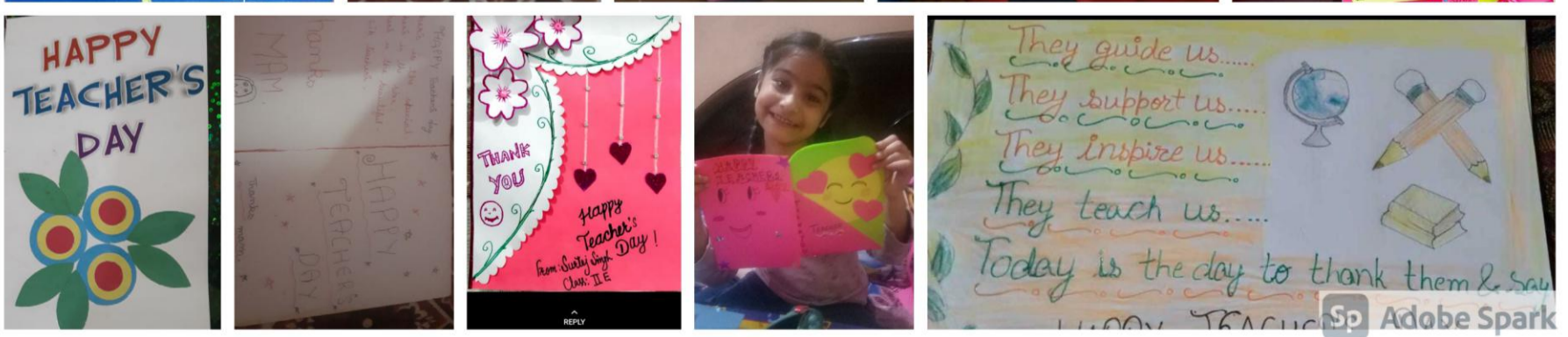
September 05, 2020 at 10:00 AM

Lifetime Achievement Award for being pioneers in the field of Education.

Ms. Manju Wazir, Ms. Bandan Preet Mahajan, Ms. Vinita Mahajan, Ms. Sumet Sharma, Ms. Manju Wazir, Mr. K S Ahlawalia, Mr. Pawan Gupta, Ms. Vandana Jambwal, Ms. Soha Juneja, Ms. Sanchita Mukherjee, Mr. Rohit Sharma, Ms. Indu Punj, Ms. Lata Kashy, Ms. Alpana Bhavsela, Ms. Jyoti Sharma, Dr. Manisha Dahiya, Ms. Nirmla Salaria, Ms. Rachana Bhirra, Dr. Priya Dutta, Ms. Chameli Karmakar, Ms. Gita Duggal, Ms. Sanchita Mukherjee, Ms. Alpana Baweja, Mr. Mohammad Ali Shah, Ms. Heena Munjyar, Dr. Sangeeta, Ms. Nirmla Salaria, Dr. Manisha Dahiya, Ms. Rachana Bhirra, Ms. Jyoti Sharma, Ms. Sanchita Mukherjee, Ms. Alpana Baweja, Ms. Pawan Gupta, Mr. Anil Kumar, Ms. Manjari Bhatnagar, Ms. Vandana Jambwal, Ms. Reena Sangwan, Ms. Gita Duggal, Ms. K S Ahlawalia, Ms. Daljeet Kaur Arand, Mr. Sagar Saurav, Ms. Raminder Kaur Modi, Dr. Sangeeta, Ms. Aparna Bhavsela

TEACHER'S DAY

Beautiful and overwhelming tokens of love created by IDPIANS for their teachers on the occasion of Teacher's Day



STRESS



MR. TARUN UPPAL
Social Activist & Entrepreneur

IN THE TIMES OF STRESS

Loneliness and disconnect are bound to produce ill effects unless managed well.

It is indeed unprecedented, as we face an enormous disruption in our lives. Children are likely to be experiencing worry, anxiety and fear, and this can include the types of fears that are very similar to those experienced by adults, such as a fear of dying, a fear of their relatives dying, or a fear of what it means to receive medical treatment.

Although all children are perceptive to change, young children may find the changes that have taken place difficult to understand, and both young and older children may express irritability and anger. Children may find that they want to be closer to their parents, make more demands on them, and, in turn, some parents or caregivers may be under undue pressure themselves. With regard to older people and also those with underlying health conditions such as diabetes etc., who are being identified as more vulnerable to COVID-19, and to be told that you are very vulnerable, can be extremely frightening and very fear-inducing. The psychological impacts for these populations can include anxiety and feeling stressed or any. Its impacts can be particularly difficult for older

people who may be experiencing cognitive decline or dementia effects. And some older people may already be socially isolated and experiencing loneliness which can worsen mental health.

Moreover, for a lot of young people like us in general, socializing and friendship is a way to escape the pressing stresses of life. Now we cannot even do that, with social distancing and home quarantining being the expectation. We cannot physically spend with our friends, which is a stress reliever, and we cannot physically talk to our friends about our issues. There is a vicious cycle of loneliness and disconnect being perpetrated by this pandemic. In normal times, social media proves to be a source of anxiety, as most people use it as a medium to display their best moments. This make those who are predisposed to low self-esteem feel even worse about themselves. Now, we deal with that to a greater extent. While most of us struggle to balance everything going on in the world, others are taking to social media to show everyone just how productive, proactive and amazing they are. For those of us with low self-esteem, this further increases feelings of inadequacy. More in focus are constant updates about coronavirus currently, especially those concerning confirmed cases and the number of deaths to date, can be extremely overwhelming and feel relentless.

Moreover, rumours and speculation can add fuel to anxiety.

Saying to people around us that we're social distancing', 'self-isolating' or 'in quarantine' may lead to negative emotions of these terms are not used correctly. For example, using the term quarantine to describe one's situation can be misleading and induce fear if that person leaves their nose to buy food. This could lead to a feeling of fear and forced isolating where it may not be required.

How to deal:

When we are facing a crisis, the first thing that gets negatively affected is our mental well-being. This, ironically, is also the first thing that will help us endure and survive the same crisis. In crisis mode, our brains instinctively reduce higher functioning that allows us to do long term planning, and instead shift our thought process to a primal. More immediate threat response. If these symptoms recur and persist, it diminishes the brain's ability to self-soothe. In the midst of our current COVID-19 crisis, self-soothing is the one thing that we need more than ever. Recognizing

strength and cooperation that we also fortunately possess as humans. And that is what we must try to focus on to respond most effectively to this crisis as individuals, family and community members, friends and colleagues.

Cultivating and practising a teachable skill like empathy, will take us long way in our ability to self-soothe. Dr. Anthony Sciolian, an American author and clinical psychologist, explains that HOPE is a part of a person's character or personality. You are not born with hope. Hope must be developed, like a set of muscles.

There are four kinds of hope and just like each muscle, each has a special purpose:

Attachment Hope is used to build and keep trusting relationships, have a sense of connection to others, and have strong survival skills.

Mastery Hope is used to become strong and successful, supported in your efforts and inspired by good role models. *Survival Hope* is used to stay calm and find ways out of trouble or difficult situations. It allows you to manage your fears.

Spiritual Hope is used to feel



crisis mode living is the first step to bringing balance to your thinking and your health.

We can draw on the remarkable powers of

close to nature and all human beings and to draw extra strength and protection.

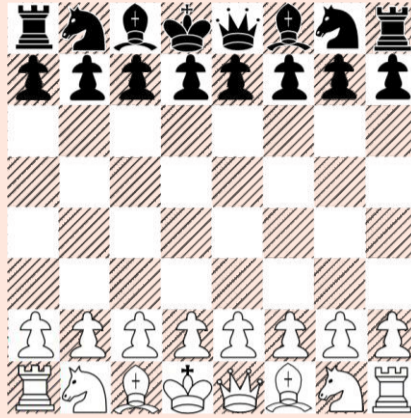
We are in this together, let's stick together.

ORIGIN OF CHESS

The origin of chess are not exactly clear, though most believe it evolved from earlier chess-like games played in India almost two thousand years ago. The game of chess we know today has been around since the 15th century where it became popular in Europe.

Chess is a game played between two containing 64 squares of alternating colors. bishops, 2 knights, and 8 pawns. The goal of Checkmate happens when the king is in a escape from capture.”

Many kids play video games that are downsides to video game playing are: the stop for hours taking away time for symptoms when asked to cut down or stop Chess is one of many great alternatives to grade school children during therapy



opponents on opposite sides of a board Each player has 16 pieces: 1 king, 1 queen, 2 rooks, 2 the game is to checkmate the other king. position to be captured (in check) and cannot

addictive in a negative way. Some of the intense need for instant gratification, playing non-connecting with others, addiction withdrawal their playing-mood swings and agitation increase. video games. I have been playing chess with sessions and have observed the following:

- Chess teaches strategy and this creates thinking about two or three moves in advance instead of focusing only on what the next move of your chess piece will be. This changes the usual concentration of only thinking about what is going to happen in the next five seconds. This instructs children to look beyond the first move and the immediate future. This is an enhancement to their planning skills.

- Chess teaches patience. After a few games, the child learns that making moves without thoroughly looking at the whole board and noticing where important pieces are vulnerable will end up with her losing these important pieces. They will learn that the lack of patience will most likely cause them to end up in checkmate.

- Chess will improve executive functioning. According to National Center for Learning Disabilities, “Executive function is a set of mental processes that helps connect past experience with present action. People use it to perform activities such as planning, organizing, strategizing, paying attention to and remembering details, and managing time and space.” Chess allows children to practice all the facets of executive functioning and provides a motivation (winning) to engage in all these facets. Therefore kids who have difficulty with executive functioning will increase these skills.

- Chess is a healthy distraction from present trauma that children may be experiencing. If her parents are going through a hostile divorce or if she has witnessed extreme violence, concentrating on chess will provide a meaningful respite from the pain that surrounds her life. Chess will teach them that they have a choice of distancing themselves from their agony through healthy means such as chess or unhealthy escapes like drugs and alcohol.

- Chess is a great board game for parents to play with their children. The nuances of the game will improve your connection with your child as you teach him or he teaches you how to play effectively. This is a game when you can share and teach strategies, learn from mistakes and be with each other in a quiet, thoughtful way.



LET'S QUIZ AROUND

- Q1. Bull fighting is the national game of which country?
- Q2. The term BEAMER is associate with which game?
- Q3. When were the first recorded Olympics held?
- Q4. Narian Karthikeyan is the sports person in the field of
- Q5. In which game the term PUTTING is used?
- Q6. Who won the first silver medal for an individual event at the Olympics for India?
- Q7. When were the commonwealth games organized for the first time?
- Q8. In Kho-Kho , the players occupying the squares are known as _____?
- Q9. The term butterfly stroke is referred to in which sports?
- Q10. What is the maximum permitted length of cricket bat?

ANSWERS:

- | | |
|--------------------------|---------------|
| Q1. SPAIN | Q8. SQUASH |
| Q2. CRICKET | Q9. SWIMMING |
| Q3. 776 BC | Q10. 38 INCHS |
| Q4. FORMULA 1 CAR RACING | |
| Q5. GOLF | |
| Q6. MAJOR R.S. RATHORE | |
| Q7. 1930 | |



AMAZING FACTS

FRUITS



The study of fruits is called **POMOLOGY**.

STRAWBERRIES



Strawberries are the only fruit with seeds on the outside

RED FRUITS



Red-coloured fruits keep your heart strong.

Fabled First

The first person to reach Mount Everest



At 11:30 a.m. on May 29, 1953, Edmund Hillary of New Zealand and Tenzing Norgay, a Sherpa of Nepal, became the first explorers to reach the summit of Mount Everest, which at 29,035 feet above sea level is the highest point on earth. The two, part of a British expedition, made their final assault on the summit after spending a fitful night at 27,900 feet. News of their achievement broke around the world on June 2, the day of Queen Elizabeth II's coronation, and Britons hailed it as a good omen for their country's future.

Mount Everest sits on the crest of the Great Himalayas in Asia, lying on the border between Nepal and Tibet. Called Chomo-Lungma, or "Mother Goddess of the Land," by the Tibetans, the English named the mountain after Sir George Everest, a 19th-century British surveyor of South Asia. The summit of Everest reaches two-thirds of the way through the air of the earth's atmosphere—at about the cruising altitude of jet airliners—and oxygen levels there are very low, temperatures are extremely cold, and weather is unpredictable and dangerous.

LYCHEE



The seeds of lychee are poisonous and should not be consumed.

DRY FRUITS



Dried fruits have more calories than fresh fruits as the process of drying reduces the water content and volume.

SQUARE WATERMELONS



Square Watermelons are grown by Japanese farmers for easier stack and store.

QUOTE

MOTHER TERESA

"If we have no peace, it is because we have forgotten that we belong to each other."

SCRABBLE

O	U	N	O	P	S
S	H	I	I	N	F
C	E	C	A	T	P
U	S	M	F	A	O
D	E	N	G	A	R

SOPHIA



Hanson Robotics' most advanced human-like robot, Sophia, personifies our dreams for the future of AI. As a unique combination of science, engineering, and artistry, Sophia is simultaneously a human-crafted science fiction character depicting the future of AI and robotics, and a platform for advanced robotics and AI research. The character of Sophia captures the imagination of global audiences. She is the world's first robot citizen and the first robot Innovation Ambassador for the United Nations Development Programme. Sophia is now a household name, with appearances on the Tonight Show and Good Morning Britain, in addition to speaking at hundreds of conferences around the world.

WORD MEANING

Cachinnate

WORD:- CACHINNATE
MEANING:- to laugh loudly or immoderately.
SENTENCE:- She does not laugh so much as cachinnate, finding at least one thing hysterical in every episode.

QUIZ

- Which famous tennis player wore 7 masks with the names of 7 victims of racial injustice during her 7 matches at the 2020 US Open?
- Prakash Belawadi plays the father of which genius, in a movie released on Amazon Prime in 2020?
- September 2020 marks the 9th World ___ Month to raise awareness and challenge the stigma that surrounds which disease?
- Where in India would you find this famous monument?
- A famous festival in Nagaland is known as the _____ Festival.

1. North Osaka
2. Shakespeare
3. Alzheimer's
4. Kilmartin
5. Kohima War Memorial
6. Hornbill

INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
 CBSE CODE: 730102

International Literacy Day
 "It is what you read when you don't have to determines what you will be when you can't help it."

ABC
1 2 3



Story Time



THE MILKMAID

A milkmaid was on her way to the market to sell some milk from her cow. As she carried the large jug of milk on top of her head, she began to dream of all the things she could do after selling the milk.

“With that money, I'll buy a hundred chicks to rear in my backyard. When they are fully grown.

I can sell them at a good price at the market.”

As she walked on, she continued dreaming, “Then I'll buy two young goats and rear them on the grass close by. When

they are fully grown, I can sell them at an even better price!”

Still dreaming, she said to herself, “Soon, I'll be able to buy another cow, and I will have more milk to sell. Then I shall have even more money...”

With these happy thoughts, she began to skip and jump. Suddenly she tripped and fell. The jug broke and all the milk spilt onto the ground.

No more dreaming now, she sat down and cried.

Do not count your chickens before they are hatched.

Achievements

From Editor's Desk



SUMAN KOUR
Chief Media Editor
idpschronicle@gmail.com

I am pleased and honored to announce that IDPS Chronicle has this year completed two successful years. It seemed just like yesterday, that we started the magazine and today it has completed two years of successful publication. This is also an opportunity for me to thank our Management, Principal, Staff, Teachers, Students, readers, reviewers, and editorial board members for their continuous support. I shall strive to improve the journal in the next coming years.

We look forward to your continuous support and the continued growth of the IDPS CHRONICLE in the coming year.

“EVOLUTION IS GROWTH, CHANGE AND TRANSFORMATION.”

Harbour Press INTERNATIONAL

Certificate of Participation

Rupali Gupta



“To achieve more, you have to expect more. And, to get more from the people who work for you, expect more from them.” It really is that simple. But the opposite is also true. That's why so many bright and capable people never

perform up to their abilities... Just as a high performance car can spin its wheels and go nowhere, many bright people waste their lives in the same way.

“There is only one thing that makes a dream impossible to achieve: the fear of failure.”