



# IDPS

Website: [www.idpsjammu.com](http://www.idpsjammu.com) | Email : [idpschronicle@gmail.com](mailto:idpschronicle@gmail.com)

# CHRONICLE

VOL-3, NO.- 3 (Monthly) Jammu | NOVEMBER 2020 | Page-12

**INTERNATIONAL DELHI PUBLIC SCHOOL** **AFFILIATED TO CBSE**  
**CBSE CODE - 730102**



**DR. HITU GAMBHIR MAHAJAN**  
Cofounder & CSO Soberbio Consulting

## WITH INCREASED VIDEO GAME USAGE, HOW ARE IN-GAME ADS ADJUSTING?

No matter how you look at the numbers, business is looking good. Microsoft's Game Pass surpassed 10 million users in April. Nintendo's Switch console sales were up 24% year-over-year. Twitch's number of gaming hours increased 50% between March and April. As video game usage increased, so did the ad spend for video game products. It's been found that ad spend for the video game industry in April was more than double January's spend. Most of this ad spend came from virtual retailers, game subscription services, video game titles and consoles. But what about spending within games? How are brands using in-game advertising to reach new consumers? How has in-game advertising grown over the last few years? In-game ads have evolved over the years. Originally, developers would work the ad creative into the code and release a game update for users. With time, in-game ad capabilities

advanced. Ads could be inserted dynamically, but this was still costly. Now, ads can appear with even less disruption to the game. "Rather than inserting adverts into the game for the players to see, there are solutions for inserting adverts into a stream," explains founder and CEO at Cheesecake Digital Philip Wride. These adverts in streams look like they are part of the game. Fortnite is the biggest game revolutionizing in-game advertising. From Nike Inc. rewarding virtual Jordan sneakers to Travis Scott's concert that drew in over 12 million attendees, Fortnite is the master of grandiose in-game advertising. "Sites joke that Fortnite is no longer a game, but one big advertisement – and there is some truth to that," writes Matehew Liebl. There's an old stereotype that gamers are solitary guys chatting on headsets drinking a caffeinated beverage – but that's far from the truth. There's a video game for everybody today. "I'd argue that almost every brand in the world has an overlap with the gaming audience," said, CEO and co-founder of in-game ad platform Anzu.io. Roughly 2.6 billion people will play a mobile game this year and 1.3 billion will play a video game on a PC. With that many people playing, you'll see everybody from aunts playing Candy Crush to teenagers playing eSports. With those different buyer personas, brands from Kindle to Disney to the NFL can find someone to market their brand to in a video game. Also, advertisers remember that younger generations are changing their media preferences. They can learn from brands like DHL and Wendy's who've used games in unique ways to build brand awareness among different customer segments. The impacts of COVID-19 on in-game ads. During this pandemic, some ad tech startups and video game developers used technology to display public service announcements in games. Rebellion Developments placed ads that said "Stay home. Save lives." in their games. Activision Blizzard's London-based division, King, donated 230 placements to COVID related information. As we reopen, we will likely see PSA's decrease, but the value of in-game ads increase. Looking at the impact of COVID-19, an analysis from Technavio predicts that the in-game advertising market is expected to grow by nearly \$11 billion by 2024. Even though people will return to work and school, COVID habits will linger. This gives advertisers more room to be creative and think about new ways to reach buyers. *Students if you love my white paper, please do write to me about your thoughts on same. You can also request me your interested topic amongst : Marketing / Media / Sales, to share my white paper with you. It will help you and guide you in your future decision.* [hitumahajan@gmail.com](mailto:hitumahajan@gmail.com) | 9810653913

## THE LAW OF THE GARBAGE TRUCK



**MS. NIVEDITA**  
Healing & Counselling Consultant

I love reading. And I love learning on the way. One thing that I learnt through reading is THE LAW OF THE GARBAGE TRUCK!! Isn't it interesting? Now many of you would be wondering what is THE LAW OF THE GARBAGE TRUCK? I'll explain it to you. I have always loved reading Joel Osteen. He's my favourite author on self-help, which is, by the way, my favourite subject too. And reading & gaining knowledge on this subject has made me a better human-being. So now coming to Joel Osteen. A few years back, I happened to get a book as a gift from someone. EVERYDAY A FRIDAY by Joel Osteen. And this book changed my life. There is this one chapter in the book which talks about THE LAW OF THE GARBAGE TRUCK! And it changed my insight towards certain situations in life. In the second chapter of the book, Joel mentions an incident which happened with David J. Pollay who, himself, is an established author. Once David was in a New York City taxicab when a car jumped out from a parking place right in front of it. His cabbie had to slam on the brakes, the car skidded & the tyres squealed, but the taxi stopped an inch from the other car. The driver of the other car whipped his head around & honked & screamed in anger. But David was surprised when his cabbie just smiled real big & waved at him. David said, "That man almost totalled your cab & sent us to the hospital. I can't believe you didn't yell back at him. How were you able to keep your cool?" The cab driver's response, which David calls THE LAW OF THE GARBAGE TRUCK & he, later, wrote a book on it too, was this, "Many people are like garbage trucks. They run around full of garbage, frustrations, anger, hurt, pain, resentment, criticism & disappointment. As their garbage piles up, they look for a place to dump it. And if you let them, they'll dump it on you. So when someone wants to dump on you, don't take it personally. It doesn't have anything to do with you. Just smile, wave, wish them well & move on. Believe me, you'll be happier." This opened my mind set. And I started implementing this in my life. It's been 14–15 years now. I have learnt to keep my lid on. Hope you all, too, learn from THE LAW OF THE GARBAGE TRUCK & learn to keep your lid on. Trust me, your life is going to be more peaceful, happier & positive.

STAY HAPPY! STAY BLESSED!

## Azim Hashim Premji

Azim Hashim Premji (born 24 July 1945) is an Indian business tycoon, investor, engineer, and philanthropist, who was the chairman of Wipro Limited. Premji remains a non-executive member of the board and founder chairman. He is informally known as the Czar of the Indian IT Industry. He was responsible for guiding Wipro through four decades of diversification and growth, to finally emerge as one of the global leaders in the software industry. In 2010, he was voted among the 20 most powerful men in the world by Asia week. He has twice been listed among the 100 most influential people by TIME Magazine, once in 2004 and more recently in 2011. For years, he has been regularly listed one among the 500 Most Influential Muslims of the world. He was named the nineteenth richest person in India with an estimated net worth of US\$6.5 billion according to the India's Richest 2019 list by Forbes. In 2013, he agreed to give away at least half of his wealth by

signing The Giving Pledge. Premji started with a \$2.2 billion donation to the Azim Premji Foundation, focused on education in India. He topped EdelGive Hurun India Philanthropy List for the year 2020.

**Azim Premji Foundation:** In 2001, he founded Azim Premji Foundation, a non-profit organization. In December 2010, he pledged to donate US \$ 2 billion for improving school education in India. This has been done



by transferring 213 million equity shares of Wipro Ltd, held by a few entities controlled by him, to the Azim Premji Trust. This donation is the largest of its kind in India. In March 2019, Premji pledged an additional 34% of Wipro stock held by him to the foundation. At a current value of about US\$7.5 billion, this allocation will bring the total

endowment from him to the foundation to US\$21 billion. In May 2020, the Azim Premji Foundation collaborated with the National Centre for Biological Sciences, and the Institute for Stem Cell Science and Regenerative Medicine for augmenting testing infrastructure to deal with the coronavirus pandemic. The foundation has warned

against a scam emails which claim to be from the foundation and falsely request donations.

**The Giving Pledge:** Premji has said that being rich "did not thrill" him. He became the first Indian to sign up for The Giving Pledge, a campaign led by Warren Buffett and Bill Gates, to encourage the wealthiest people to make a commitment to give most of their wealth to philanthropic causes. He is the third non-American after Richard

Branson and David Sainsbury to join this philanthropy club. "I strongly believe that those of us, who are privileged to have wealth, should contribute significantly to try and create a better world for the millions who are far less privileged"--- Azim Premji. In April 2013, he said that he has already given more than 25 per cent of his personal wealth to charity.

In July 2015, he gave away an additional 18% of his stake in Wipro, taking his total contribution so far to 39%. The first Indian to sign the Giving Pledge, his lifetime giving now stands at US\$21 billion. In April 2019, Azim Premji became the main Indian philanthropist.

**EdelGive Hurun India Philanthropy List:** Azim Premji topped the list of "India's most generous" released by Hurun India and EdelGive on 10 November 2020. He donated ₹7,904 crore in financial year 2019-20 which is a 17-fold jump from the ₹453 crore donated in FY19. Education is the primary cause for his donations.

## Important Positions in India

01.	Air Chief Marshal	Rakesh Kumar Singh Bhadauria
02.	Central Vigilance Commissioner (CVC)	Mr. Sanjay Kothari
03.	Chairman of NITI Aayog	Narendra Modi
04.	Chairperson of Airport Authority of India (AAI)	Mr. Arvind Singh
05.	Chairperson of Central Board of Direct Taxes (CBDT)	Pramod Chandra Mody
06.	Chairperson of Central Board of Excise and Custom. (CBEC)	M. Ajit Kumar
07.	Chairperson of Central Board of Secondary Education (CBSE)	IAS Manoj Ahuja
08.	Chairperson of Defence Research and Development Organization	G. Satheesh Reddy
09.	Chairperson of National Commission on Farmers	Dr. M.S. Swaminathan
10.	Chairperson of Prasar Bharati Board	Dr. A. Surya Prakash
11.	Chairperson of Press Council of India	Justice Chandramauli Kumar Prasad
12.	Chairperson of the Audit Bureau of Circulation (ABC)	Devendra V. Darda
13.	Chairperson of the National Statistical Commission (NSC)	Prof. Bimal Kumar Roy
14.	Chairperson of the Staff Selection Commission (SSC)	Braj Raj Sharma
15.	Chairperson of University Grant Commission (UGC)	Dhirendra Pal Singh
16.	Chief Information Commissioner (CIC)	Yashvardhan K. Sinha
17.	Chief Justice of India	Sharad Arvind Bobde
18.	Chief of Army Staff	General Bipin Rawat
19.	Chief of Research and Analysis Wing (R&AW or RAW)	Samant Goel
20.	Chief of the Naval Staff	Admiral Karambir Singh
21.	Director General of Archeological Survey of India	V. Vidyavathi
22.	Director General of Defence Intelligence Agency (DIA)	Lt Gen KJS Dhillon
23.	Director General of Doordarshan	Smt. Supriya Sahu
24.	Director General of Nation Investigation Agency (NIA)	Yogesh Chander Modi
25.	Director General of the Indian Council of Medical Research (ICMR)	Balram Bhargava
26.	Director of Central Bureau of Investigation (CBI)	Shri Rishi Kumar Shukla



# *A Momentary view of Activities*

## *DIWALI CELEBRATIONS*

The entire IDPS dazzled and once again came alive as the staff visited the campus after nine months to celebrate the Festival of Lights - Diwali. It was an exuberant day at IDPS as the whole school wore a festive look to celebrate good fortune, family and friendship.





# A Momentary view of Activities

## Virtual Jungle Safari

"Tell me and I forget, teach me and I may remember, involve me and I learn" – This quote was brought into reality on 11 November, when the concept of animals was taught by creating a jungle environment in the virtual sessions. The learning journey of the little ones was taken a step forward with this virtual Jungle Safari. The idea was to enable the students to identify the animals and understand that they share the environment with many other creatures. The passionate teachers dressed up with the Jungle theme and made the entire event exuberant. Their collective efforts to make the entire event a success was commendable and we admire the efforts of our dear parents and children who support us in all our endeavours with their whole hearted participation.

IDPS PRESENTS  
JUNGLE SAFARI 2020

GRADE I



NIDHI AS DHOLU



GEETA AS BHOLU

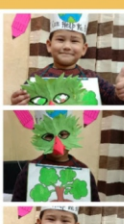
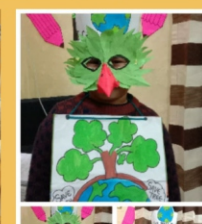
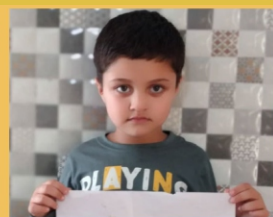
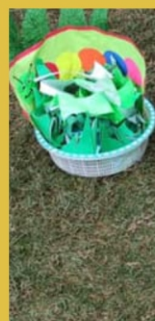
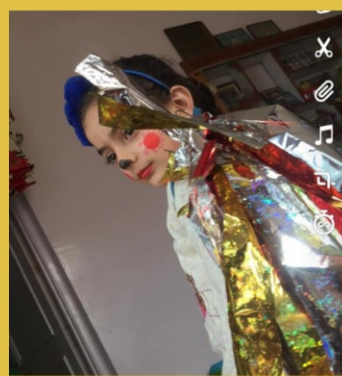
SONIA AS  
INDUMATI



ANUPREET AS  
TUN TUN MOUSI



RADHIKA AS  
CHUTKI

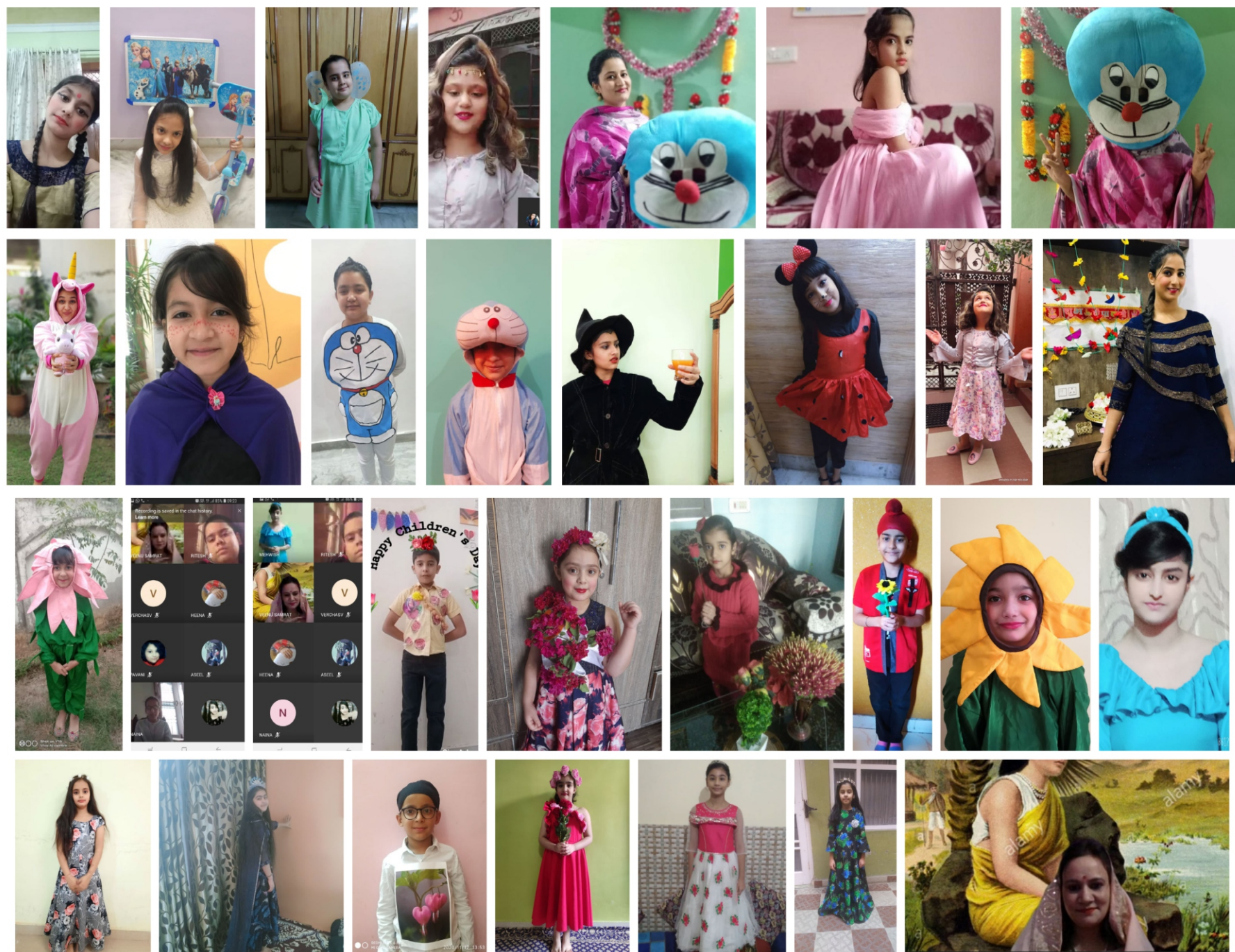




# A Momentary view of Activities

## Children's Day Celebration

A day marking childhood, Children's Day celebrations mainly focus on children and their enjoyment. IDPIANs got involved in numerous activities and events planned for them in a special virtual assembly. With great joy and excitement the special virtual Assembly was conducted and themes were given to them as they dressed up as - Mythological characters and their favourite cartoon characters. Teachers relived their childhood and got involved with kids dressed up according to the theme.



Happy  
Children's  
Day





How Do Human  
Affect the Environment

Human activity has had an effects on the environment for thousands of year, from the time of our very earliest ancestors since Homo sapiens first walked the Earth, we have been modifying the environment around us through agriculture, travel and eventually through urbanization and commercial around network. At this point in earth's 'Physical History' our impact on the environment is so substantial that scientists believe “Pristine Natural”, ecosystem untouched by human intervention, no longer exist. In ways both positive and negative and liked in more ways than you'd even thick- or ecosystem human civilization and technology have affection our species has had on the environment and weather you're one logo well issuance this affection or intercedes to halt them.

1. The population bomb.
2. Agricultural, Domestication and genetic medication.
3. Deforestation and reforestation.
4. Pollution
5. Global warming and climate change.

-Karanveer Singh  
Class VII

MY MOTHER

My mother is one of the sweetest mother in the world. She always stands with me. She loves me. She cares me and the most things is that she believed me. My mother name is Arshad Butt. She is a Teacher. She loves Math because she did MA, Bed in Math. I love my mother. Firstly in the morning she wake-up and make breakfast for me. She helps in my work. She plays with me. She shares things with me. Without Mother Life Is Useless

-Roheena  
Class X

FRIENDSHIP

Friendship, Friendship, Friendship  
Friendship is a hand to hold  
When things go wrong  
Friendship is a shoulder to cry.  
Friendship, Friendship, Friendship  
Friendship is someone run to  
When you're alone  
Friendship, Friendship.  
Friendship, Friendship, Friendship  
Friendship is a part kindly  
Friendship is that there is someone for you,  
And a person who love and care for you  
Friendship, Friendship, Friendship.

-Riya  
Class X

MY MOTHER

My mother is a great person who cares for me protects me from all problems.  
She will always care about my health and food.

Her love for me is unconditional and sacrifices all her needs and wishes,  
·Mother symbolizes love and care and can imagine, protect family with her.  
·She fills the gap in life and without her life seems meaningless

-Aditya Sanyal  
Class V

MY FRIENDSHIP SONG

Forever and always you will be my friend.  
Right or wrong it will never end.  
If anything goes wrong I will sort it for you.  
Needs and pleads they'll come straight away.  
Don't ever wait for me wherever you are.  
In any way you are in my life like a flower.  
So you're my best Friend in anyway.

-Sarah  
Class VIII

MY MOTHER

My Friend  
My Friend is the best,  
He always takes rest,  
My Friend is smart,  
He always goes in the V-Mart.  
My Friend is like a star,  
But he always eat Choco-bar,  
My Friend is like a Heart,  
Because he always give me a Chance.  
My Friend believes in god  
His mind is also hot.  
My Friend is best,  
He always takes rest.

-Faika  
Class X

MY MOTHER

Spring comes only once a year  
The birds sing loudly for all to here,

Summer soon will arrive  
The Sun shines down and flowers thrive

Autumn brings the changing of the leaves  
Beautiful colors falling from the trees,

Winter blows in with cold winds abound  
Snow pilling up on the frozen ground.

-Imran Kazmi  
Class IX



## OPPORTUNITY



**Ms. Nidhi Chopra**  
PRT, IDPS JAMMU

We all don't have equal opportunity. But we all have the opportunity to be BETTER than we currently are. We all have the opportunity to BE and DO better than we did yesterday. We all have the opportunity to GROW more today than we did yesterday. We all have the opportunity to ATTRACT whatever we desire into our experience. IT IS UP TO YOU... And you alone. Never stop believing.

Your faith, your energy, will bring about constant magic. Multiply magic and you have a special life. A life worth living, a life YOU deserve! The amount of people that started with NOTHING and achieved insane success - well, the stories are everywhere. We can take an example of MOWGLI (The Jungle Book) who taught us that we are unique and we have many talents and abilities of our own. Just believe in yourself and never lose hope!

## STUDENT'S LIFE



**Ms. Seema Gill**  
PRT, IDPS JAMMU

A student's life is a cycle of challenges and changes. As a child grows, he or she imbibes a lot of lessons and moral value. While some may get forgotten, some stick till the rest of life.

Therefore, it is highly essential to inculcate moral values in students' lives as their hands lie in the future. Students with ethical values become responsible and accountable people, while those spoiled become a threat to the society or culture.

In short, moral values aid a person to make the right choices and decisions in life.

It directs an individual's behaviour and makes him or her clear goals.

A person embracing moral values such as loyalty, honesty, compassion, consistency, kindness, reliability, efficiency, courage, and determination, build a better character.

## HOME & SCHOOL



**Ms. Anupreet Kour**  
PRT, IDPS JAMMU

CONNECTION. Working together for school success. 1. LEARNING PARTNERS Children learn a lot from their teachers and parents, they can also learn from each other. Here are ways your youngster can sharpen skills he/she needs in school while working and playing with friends. SHARE STUDYING: When your child has a test Or a quiz coming up, suggest your child to study with a friend. Each person could review a

different section and explain it to each other. Talking things through aloud will help your youngster understand and remember them. They will probably have different thoughts and ideas, which means twice as much learning. EXPLORE SCIENCE: Your child and his/her friend can have fun with experiments they have done in class. Their ideas can make a "science show" and can be very interesting and adventurous.

TIME FOR FAMILIES: Regular family outings can help you and your child stay connected and enjoy special time together. These ideas can make a strong bond of yours with your loved ones. WORTH QUOTING "If you think you can do a thing or think you can't do a thing, you are right." Henry Ford"



**Ms. Geeta Sawhney**  
PRT, IDPS JAMMU

Gratitude, we all use this word but what does it mean? It means to be grateful and thankful for everything- good or bad, happy or sad! We all have something to be happy about, to thank God for but do we thank God? No, we only nag about things we don't have. But we must remember that God has given us much more than what we deserve. He gave us parents, family, friends, teachers and most importantly LIFE.

We should be grateful to have come on this earth as human being, to have experienced emotion of love, care, hatred, joy, sadness, anger, fear etc. We all remain sad about the bad times in our live but forget the good times we have spent. A wise sage was once asked, "What will you say so that a happy person becomes sad and the sad person become happy"? He replied " This time will also pass away ". Nothing is permanent or stationary. Change is the part of the universe. So, thank God, for everything - good or bad because every time something happens, it teaches us something, makes us strong.

## 6 STEPS TO STAMP OUT MATH ANXIETY



**Ms. Shubhpreet Kour**  
HOD MATHS, IDPS JAMMU

1. Encourage children to play maths puzzles and games. Puzzles and Games with diet. Really will help kids enjoy maths and develop number sense. Which is criticality, important?

2. Always be encouraging and never tell kids they're wrong when they're working

on maths problems. Instead finding a logic in their thinking. For example if your child multiplies 3 by 4 and gets 7, say, "Oh I see what you're thinking. You are using what you know about addition to add 3 and 4, When we multiply we have 4 group of three.

3. Never associate maths with speed. It is not important to work quickly and we now know that forcing kids to work quickly on maths is the best way to start maths anxiety for children

especially girls.

4. Never share with your children the idea that you were bad at maths at school or you dislike it- especially if you are a mother. Researchers, found that as soon as mothers shared that idea with their daughters, their daughter's achievement went down.

5. Encourage number sense what separates high and low achievers is having an idea of the size of numbers and being able to separate and combine numbers flexibly.

For example, when solving  $29+56$ . If you take one from the 56 and make it  $30+55$ , it is much easier to work out.

6. Perhaps most important of all Encourage a "growth mind set" to let students know that they have unlimited maths potential and that being good at maths is all about working hard. When they tell you something is hard for the more they have made a mistake tell them "That's wonderful your brain is growing".

## CLASSIC YOGA

**'Yoga'** is seeing life the way it is. – the yoga sutras of patanjali eight limbs of yoga (ashtanga yoga) 31 out of the 195 sutras outline the eight limbs, which are also known as 'ashtanga yoga.' ('ashta' means eight in sanskrit, and 'anga' means limb.) The eight limbs of yoga are also known as 'raja yoga.' 'raja' means king in sanskrit, which is why raja yoga is also referred to as 'royal yoga.' eight limbs takes us on a journey from the outer world to the inner world. The first four limbs are outwardly focused while the last four are internally focused:

• **Yamas** – self-regulating behaviors the first limb, the yamas, is all about how we interact with others and with ourselves. There are a total of five yamas:

• **Ahimsa** (benevolence) typically regarded as non-violence and non harm, ahimsa can also be understood as the practice of benevolence. Because our inner world creates our outer world, it's important to note here that in order to truly practice this first yama we must first direct our focus to ourselves.

• **Satya** (truthfulness) this is the principle of practicing truthfulness and authenticity with our thoughts, words, and actions. By practicing satya, we train ourselves to choose growth over safety, and we honor ourselves (and others) in the process.

• **Asteya** (even exchange) typically known as the yogic principle of "non-stealing," asteya also means honoring the balance of give-and-receive. We don't take what isn't ours, and we are mindful of not taking more than we give. Essentially this is the principle of even exchange which ensures we stay in harmony with ourselves and with others. And imbalance of give-and-receive can lead to chaos, stress, resentment,

and separation. This goes both ways. It's equally out of balance to constantly give without being open to receiving.

• **Aparigraha** (detachment) this one means non-coveting, no possessiveness, and detachment. Aparigraha helps us unravel whatever misperception, cravings, desires, jealousies, and envy we may harbor internally. These are all-natural human states and emotions, however, the yogi walking on the eightfold path stays vigilant and aware of how these states may be holding him/her back from progressing on the journey.

• **Brahmacharya** (self-control) traditionally, this yama meant celibacy but we're not in ancient times, sitting atop mountains meditating in the himalayas all day long. Loyalty and fidelity in your relationships would be a more modern perspective. Brahmacharya also can mean self-control and temperance.

It's the practice of becoming aware of what things add to your life force (vital energy) and what (or who) drains you of your vital energy. We might then choose to abstain from certain foods, people, environments. Behaviours, thoughts, or choices. For example, if you're struggling with emotional eating, you can practice brahmacharya by embracing mindful eating and being aware of your eating patterns. Brahmacharya can mean eating only one slice of pizza instead of the whole thing or enjoying only 1-2 glasses of wine instead of 3-4.

❖ **Niyamas-personal** observances the second limb of yoga, the niyama's, help us begin to look at ourselves more deeply. There are five observances:

• **Saucha** (purification) purification of the body and mind are specified in the yoga sutras as a necessary step in detaching from the physical world in preparation for meditation. For us, this might mean identifying and releasing thought patterns that have the ability to distract us from our purposes. If we can clear away thoughts that dwell on negativity or meanness toward ourselves or others then there's less clutter up there when it comes time for inner focus.

• **Santosha** (contentment) contentment is a real challenge for many people so it's well worth examining why it's so damn hard to feel happy with ourselves. The culture of always wanting more, of status, of constant striving to out-do is so pervasive that it's not

compulsory. Existing in a state of constant dissatisfaction and comparison isn't the only way. A practice of expressing gratitude can help us feel better about the good things we do (already) have in our lives.

• **Tapas** (asceticism) one of the translations of tapas is heat, so it is often interpreted as encouraging practices that stoke our inner fire. Miller explains that asceticism was thought to produce the heat of tapas. Purification through self-discipline is described in patanjali's work. In contemporary yoga. Tapas

might be observed through the daily practice of postures of meditation which require self-control to maintain.

• **Svadyaya** (study) svadyaya is sometimes translated as self-study. Which implies that it means introspection. However, that doesn't seem to be the original intent. Rather, it meant the study, memorization, and repetition of sacred prayers and mantras, practice in hinduism. In modern times, we may choose to interpret this as an exhortation to be diligent students of the world, whether through formal or personal education.

• **Ishvara pranidhana** (dedication to god/master) ishvara pranidhana is the practice of surrender, dedication, devotion, & faith. It's about really embodying a deep trust in the infinite intelligence and creative wisdom of a higher power. According to yoga sutra 1.24, ishvara is the supreme self. "unaffected by any afflictions. Actions, fruits of actions, or by any inner impressions of desire or greed" isvara pranidhana, then, is the devotion and dedication to the full expression of this supreme self...of your supreme self. This means that we not only trust the intelligence of a higher power but that we also trust our own innate intelligent and capacity to fully express our potential. According to yoga sutras 1.27-1.28 the word expressive of this supreme self (ishvara) is om or aum. So, one way to observe this last niyama is by meditation on the mantra om/aum or even silently repeating it in your mind as a meditative practice. These last three yamas (tapas, svadyaya and ishvara pranidhana) constitute what Patanjali referred to as kriya yoga (yoga in action or yoga in practice.)



**DR. RASHI SHARMA**  
M.A & PhD, YOGA



# SNOOKER

Snooker, popular billiards game of British origin, played on a table similar in size and markings to that used in English billiards. The game arose, presumably in India, as a game for soldiers in the 1870s. The game is played with 22 balls, made up of one white ball (the cue ball); 15 red balls, valued at 1 point each; one yellow, 2 points; one green, 3; one brown, 4; one blue, 5; one pink, 6; and one black, 7. Players try to pocket first the red and then the nonred balls, scoring one point for each red and the number value of the others. To begin, the balls are arranged as follows: all reds in a pyramid spot; black on the billiard touching the apex of the pyramid; brown, and yellow at the left, centre, D, a semicircular area at the head of

the table. The first (break) shot must contact until he fails to pocket a ball or opponent. When playing at a designate which ball is "on" (his specify where he intends to pocket whether played legally or not, but on their respective spots as long as all reds are pocketed, players numerical order. When the last ball the player with the highest score Penalties are assessed for fouls, i.e., pocketing the cue ball with the cue ball, causing the cue and pocketing two balls (other

Penalties usually consist of a forfeit of a certain number of points to all opponents, loss of any score made on the foul stroke, and loss of the turn at play. English and American versions of the game vary somewhat according to rules of the Billiards Association and Control Council and the Billiard Congress of America, respectively. The term "snooker" denotes a position of the cue ball from which the player is unable to hit the ball that the rules require him to play. Compare pocket billiards; pyramids. Stephen Hendry, (born January 13, 1969, Edinburgh, Scotland), Scottish snooker player who won a record seven world titles and dominated the game throughout the 1990s. In 1984, at age 15, Hendry became the youngest Scottish amateur snooker champion in history. He turned professional the following year, and when he won the Grand Prix in 1987, he became the youngest player to win a tournament. At the end of the 1989–90 season, Hendry, at 21 years 106 days, topped Jimmy White 18–12 to become the youngest world champion ever. He claimed the number one ranking in 1990 and held it until White defeated him at the world championship in 1998. From March 1990 to January 1991, Hendry won 5 straight titles and 36 consecutive matches to post the longest unbeaten string in the sport's history. He repeated as world champ from 1992 to 1996. A series of records fell in his wake. He became the first player to score the maximum of 147 three times in tournament play, recording his first 147 in 1992 and two more in 1995 (he scored additional maximums in 1997 and 1998, two in 1999, and others in 2001 and 2009). His 16 centuries in the 2002 world championship also set a record. Once again, Hendry was setting records, with an unprecedented seventh world title. He had pushed his career earnings past £6.2 million (about \$10 million) and by November had reclaimed his number one ranking. After the 1999 world championship, Hendry's fortunes faded once more. Although he remained a fixture in the sport's top 10 rankings, he was unable to equal the heights he had reached in the previous decade. In 2006, however, he demonstrated that he still possessed the talent that made him such a force in the 1990s when he claimed the number one ranking once again. After Hendry lost the top ranking in 2007, his play began to decline, and in 2012 he retired suddenly following his loss in the quarter finals of the snooker world championship.



arranged as follows: all reds in a pyramid spot; black on the billiard touching the apex of the pyramid; brown, and yellow at the left, centre, D, a semicircular area at the head of a red ball initially. A player shoots fouls, then yields play to an nonred ball, the player must target), although he need not the ball. Red balls remain pocketed, the others are immediately replaced any reds remain on the table. When attempt to pocket the other balls in is off the table, the game ends and wins.

violations of certain rules, including ("scratching"), failing to hit any ball ball to strike first a ball that is not on, than two reds) on the same stroke.

## LET'S QUIZ AROUND

- Q1. Who was the first Indian to win the World Amateur Billiards title?  
Q2. Who is the first Indian woman to win an Asian Games gold in 400m run?  
Q3. Which two counties did Kapil Dev play?  
Q4. When was Amateur Athletics Federation of India established?  
Q5. Who did Stone Cold Steve Austin wrestle at the 1998 edition of "Over the Edge"?  
Q6. Ricky Ponting is also known as what?  
Q7. How long are professional Golf Tour players allotted per shot?  
Q8. Which NBA player scored 8 points in the final 7 seconds of a game to lead his team to victory?  
Q9. In the match between India and Pakistan at Jaipur on 02-10-1983, Which new rule was introduced?  
Q10. The first hang gliders to be flown were flown in...?

ANSWERS:

- Q1. Wilson Jones  
Q2. Kamaljit Sandhu  
Q3. Northamptonshire & Worcestershire  
Q4. 1946  
Q5. Dude Love  
Q6. Punter  
Q7. 45 seconds  
Q8. Reggie Miller  
Q9. No-balls & wides were debited to bowlers analysis  
Q10. 1800s





AMAZING FACTS

CATS



A cat's tail contains nearly 10 percent of all the bones in its body.

ASTRONAUT



The term astronaut comes from Greek words that mean "star" & "sailor"

JELLYFISH



A group of jellyfish is not a herd, or a school, or a flock; it's called a smack

WAVE




The highest wave ever surfed was as tall as a 10-story building

CORN



Corn is grown on every continent except antarctica.

HAIRS



You lose about 50 to 100 hairs a day

Fabled First  
THE FIRST WOMEN  
FLIGHT LIEUTENANT OF INDIAN  
AIR FORCE



Gunjan Saxena is a flight lieutenant of the Indian Air Force (IAF). She was the first Indian female officer and former helicopter pilot in combat. Gunjan Saxena was born in 1975 in Lucknow. unjan Saxena, the real Kargil girl, was the first-ever woman Indian pilot. She along with her colleague Shrividya Ranjan rescued several soldiers during the war. She flew at the age of 25. She was a part of the 'Operation Vijay' plan. She was the only woman in IAF to serve the Kargil war. At the Kargil war's peak, Gunjan went ahead for medical evacuation, an enemy missile almost missed her chopper. Despite that, she did not hesitate to continue with her duty and rescued several soldiers. Later she went on to become a flight lieutenant. This was the Kargil girl's brave story-Gunjan Saxena who was awarded the Shaurya Chakra. We, as citizens should always recognize and commemorate the contributions of such brave hearts. She was one of the ten pilots, and the only female pilot, based in Srinagar that flew hundreds of sorties during the war, evacuating over 900 casualties, wounded and killed. Saxena was the only woman in the Indian Armed Forces who flew into war zones in the Kargil War.

QUOTE

THOMAS EDISON

"If we all did the things we are capable of, we would literally astound ourselves."



A SOLAR BREAKTHROUGH  
USING FIBONACCI SEQUENCE

13-year-old Aidan Dwyer is by far the youngest of the brilliant teenage minds in our list. The 7th grader observed the patterns of tree branches while he was on a hike and considered that such patterns could be utilized to improve the efficiency of solar trees. By utilizing the Fibonacci sequence, he was able to generate a formula that produced a solar tree design that appeared to yield 20-50% more power than an equivalent flat solar array. While Dwyer's calculations weren't absolutely correct, the biomimicry experiment earned the 13-year-old a provisional patent. First he determined the ratios representing the spiral pattern of the leaves and branches on an oak tree, using a cylindrical double-protractor tool of his own design. Then he copied the pattern using a computer program, and built an oak tree-shaped solar array out of PVC pipe. He next built a flat-panel array mounted at 45 degrees, like a typical home rooftop array, and attached data loggers to each model to monitor voltage. He determined the tree's Fibonacci pattern allowed some solar panels to collect sunlight even if others were in shade, and prevented branches on a tree from shading other branches. Now Aidan is studying other tree species and improving his PVC model to determine how it could be used to make more efficient solar arrays. He's applied for a patent, too. Aidan's design won him a 2011 Young Naturalist Award from the American Museum of Natural History. Not to mention the admiration of anyone who has tried to get a kid to appreciate nature.

WORD MEANING

DISCREPANCY

WORD:- DISCREPANCY  
MEANING:- difference  
SENTENCE:- The police were confused by the discrepancy between the testimonies of the two witnesses who saw the same event.

SCRABBLE

X	T	T	E	N	E
S	E	T	R	O	F
T	H	I	N	E	C
I	S	V	A	U	L
L	U	M	D	O	E

QUIZ

- Who had given slogan of "Do or Die" during Quit India Movement?
- State flower of Haryana?
- Largest coffee producing state of India?
- First Indian to win the Booker Prize?
- Which is the first country to print book?
- First country to prepare a constitution?

1. Mahatma Gandhi

2. Lotus

3. Karnataka

4. China

5. USA

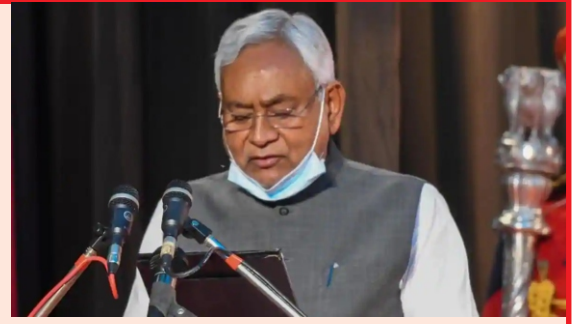
COLOURING PICTURE





## Current Affairs

**1. Nitish Kumar took Oath as Bihar CM:-** JDU Chief Nitish Kumar was on November 16, 2020 sworn in as the Chief Minister of Bihar for the 7th time. He was administered the oath by Bihar Governor Phagu Chauhan at Raj Bhavan in Patna. The swearing-in ceremony was attended by National BJP President JP Nadda and Union Home Minister Amit Shah.



**2. Centre Draws up five years plan to save vultures:-** The Union Government charts out a five-year plan to save vultures in the country. The move comes in the wake of a substantial decline in the vultures' population in India. Vultures are nature's scavengers that feed on the animal carcasses, thus, help in keeping the surrounding clean.

**3. The first solar powered Textile Mill in Asia will come up in Parbhani district, Maharashtra.** The Jai Bhawani women's cooperative textile mill will become the first Solar Powered textile mill in Asia.

The Chairman of Jai Bhawani Women cooperative textile mill announced on November 17, 2020 that the mill will soon operate on solar power.

**4. The Forest Rights Act has been implemented in Jammu and Kashmir.**

The act recognises the rights of forest-dwelling communities for the first time in the Union Territory.

The Jammu and Kashmir government has set the deadline for completing 'Record of Forest Rights' till March 31, 2021.

**5. Kerala emerged as the best state in large state category, Goa emerged as the best state in small state category and Chandigarh emerged as the best governed union territory based on Governance in the 5th edition of public affairs index 2020(PAI 2020).**

**6. PM Inaugurated Hazir-Ghogha ferry services in Gujarat and renamed Ministry of Shipping as Ministry of Ports, Shipping & Waterways.**

**7. Uttarakhand Chief Minister Trivendra Singh Rawat launched free high-speed WiFi service for all government colleges and universities in the state.** Uttarakhand is the first state in the country to provide free internet to all government colleges and universities.

**8. India successfully test-fired the Quick Reaction Surface to Air Missile (QRSAM) system off the coast of Balasore in Odisha.** The system achieved a major milestone by a direct hit on to a Banshee Pilotless target aircraft at medium range and medium altitude. The QRSAM system has been developed by the Defence Research and Development Organisation (DRDO) in association with Bharat Electronics Limited and Bharat Dynamics Limited for the Indian Army.



**9. In order to keep poachers at bay, the world's only known White Giraffe was fitted with GPS tracking device in north east Kenya.** The Giraffe is white in colour due to a rare genetic condition called Leucism. Leucism is loss of pigmentation. The tracking device will provide hourly update about the whereabouts of the Giraffe.

**10. The Reserve Bank of India recently imposed a moratorium on Lakshmi Vilas Bank of India for a period of thirty days.** The apex bank has also drafted a scheme for the merger of the bank. Under the scheme, the Lakshmi Vilas Bank is to be amalgamated with the DBS Bank of Singapore.



**11. Assam won four awards in fisheries sector from the National Fisheries Development Board operating under the Ministry of Fisheries.** What are the four awards won by Assam in Fisheries sector? Assam received the best state award under the category of best hilly and North Eastern State in Fisheries.

**12. The Energy Efficiency Services Limited signed a Memorandum of Understanding with the Department of New and Renewable Energy, Goa.** According to the agreement, the first convergence project of India to generate Green Energy for agriculture and rural areas is to be set up in Goa.

**13. The World Economic Forum selected 36 cities from 22 countries for pioneering a policy road map for smart cities.** These smart cities are being developed under the G20 Global Smart Cities Alliance. Of the 36 cities selected, four are Indian cities. The four Indian cities selected are Bengaluru, Faridabad, Indore and Hyderabad. The selected 36 cities will collaborate with global experts and enhance their city policies in areas ranging from cyber security to services to be provided to physically challenged people. These 36 cities will adopt five policies namely better broadband coverage, privacy protection, accountability for cyber security, better accessibility to digital city services for physically disabled and increased openness of city data

**14. Param Siddhi, the high-performance computing-artificial intelligence (HPC-AI) supercomputer has achieved global ranking of 63 in TOP 500 most powerful non-distributed computer systems in the world.**

**15. Kris Gopalakrishnan, the former co-chairman and co-founder of Infosys was appointed as the first Chairperson of Reserve Bank Innovation Hub.** He was appointed by the Reserve Bank of India. The Reserve Bank Innovation Hub aims to promote innovation across financial sector. The RBI set up the hub to promote, support and hand-hold cross thinking. The hub will aim to increase the use of innovative technologies across the finance sectors. The hub acts as a center for incubation and ideation of new capabilities that can be leveraged to create innovative financial services and products. The hub will aid in achieving the following objectives;-

- Efficient Banking services.
- Deepen Financial Inclusion.
- Strengthen consumer protection.
- Business Continuity in times of emergency.



## Story Time



A lamb was grazing with a flock of sheep one day. She soon found some sweet grass at the edge of the field. Farther and farther she went, away from the others.

She was enjoying herself so much that she did not notice a wolf coming nearer to her. However, when it pounced on her, she was quick to start pleading, "Please, please don't eat me yet. My stomach is full of grass. If you wait a while, I will taste much better." The wolf thought that was a good idea, so he sat down and waited.

After a while, the lamb said, "If you allow me to dance, the grass in my stomach will be digested faster." Again the wolf agreed. While the lamb was dancing, she had a new idea. She said,

"Please take the bell from around my neck. If you ring it as hard as you can, I will be able to dance even faster."

The wolf took the bell and rang it as hard as he could.

The shepherd heard the bell ringing and quickly sent his dogs to find the missing lamb. The barking dogs frightened the wolf away and saved the lamb's life.

**The gentle and weak can sometimes be cleverer than fierce and strong.**

## From Editor's Desk



**SUMAN KOUR**  
Chief Media Editor  
idpschronicle@gmail.com

### The Student Life or, Life of the Student

Student life is the best period of our life. It is the time during which boys and girls get their education in different educational institutions. Life is free from all sort of anxieties. This is the time when a student gathers knowledge, builds up his character and prepares himself for the future life. His future depends on how he spends his student life. If he makes the best use of his time, he will be happy. If he neglects his duties, he will suffer in life. So it is rightly called as sowing season of human life. A student's primary duty is to acquire knowledge. For that, he must study hard. He should read newspapers, magazines, and periodicals. He should be careful about his health. He should always keep himself neat and clean. He must avoid bad companions. He should be obedient to his parent, teachers, and superiors. He must be upright and truthful. He should learn good manners. He should be gentle and well-behaved. During leisure time, he should take part in spreading education among illiterate people. During holidays and leisure hours, they should try to help their parents in their household chores. They should help their motherland in any national calamity. A student of today is the citizen of tomorrow. So he should utilize his student life properly.

## Positivity of Cushioning

When i was small i always used to see my grandmother sitting with a cushion behind her back. I asked her and she answered, it makes my back relax and i feel better. Same way we have to find cushion for ourselves. Emotional, Mental, Spiritual Cushion which will make us relax and feel better. For that we have to do some home work to find out what acts like a cushion. e.g, If i am emotional and feel low, what can i do to make myself feel better and relax. May be i can talk to my family, visit my friend, go for outing, call an old friend, eat something which can elevate my mood, wear something that makes me happy, watch a movie, read a book. There are so many ways but you have to find out, what is the one or few remedies which will work as a cushion in this time. We have to find ways to comfort ourselves in the situations we are dealing with. Once we realise only then we will be able to find a solution to our problem. There can be lots we are dealing in life..but what if we find our cushion for every situation and mark it. **Like I did. I have marked my Cushions:** One of my friend is very good at listening and is non judgmental. I can share anything and everything under the sky ,with her. So she is my talk Cushion. One of my friend is very good with computer, so if i am stuck in any situation with my laptop...she is my Cushion. Another friend of mine is always ready to go for outing..so whenever i dont feel up to the mark and i need to go out. She is my outing Cushion. ..so when you are feeling low..You know which Cushion to take out. Its not about using anyone. Its just as to what suits you best at that time. Like in winters you will use woolen clothes..you will not use umbrella. So the need of the hour is to find your Cushion. So all the best.... hope you find your Cushions soon. Stay Blessed always.



**MS. VISHAKHA PANDITA**  
Life Coach & Motivational Speaker

## Purpose of Education

Education is about the happiness of the children; it is a means by which children must open their minds and interact creatively with their environment, rather than serving as a tool to mold a docile and obedient population. Education which is focussed on values, promote enduring hope in the inherent capacities of students and educators. It is the vehicle by which we can run on the road of life with engine of knowledge, therefore the purpose of education cannot be very narrow. To serve in life we should be able to determine purpose of our education. It's an art and a skill of unparalleled difficulty and can never be successful without teachers of the highest quality. Educators, Mentors, Teachers, Facilitators, must exert themselves to put the spirit of humanistic education into practice. Without Value creation Education & Life Skills learning education will not lead anywhere. The purpose of Education must approach at the work of education from the standpoint of absolute respect for the dignity of life and with the aim of raising self-reliant human beings who can create value in their own lives and in society. For centuries it has been believed that knowledge has power, although it has always been a matter of controversy, but the importance and role of education cannot be denied. Education is like barrier remover which also refines our culture. Limiting the education is injustice with its role playing in human life. The openness of education is important as it plays responsibility in the development of mankind. This is important for the spirit to love every child compulsorily, to unlock individual's potential and to nurture unique capability of contributing to society through fulfilling three humanistic attitudes –

- \* By supporting the learners to attain their incredible intrinsic potential;
- \* By providing confirmation of complete respect with faith in each other;
- \* By developing devotion into the child for a happy life.



**MS. RABIAH BHATIA**  
HR, Mentor Workshop Facilitator  
& Motivator