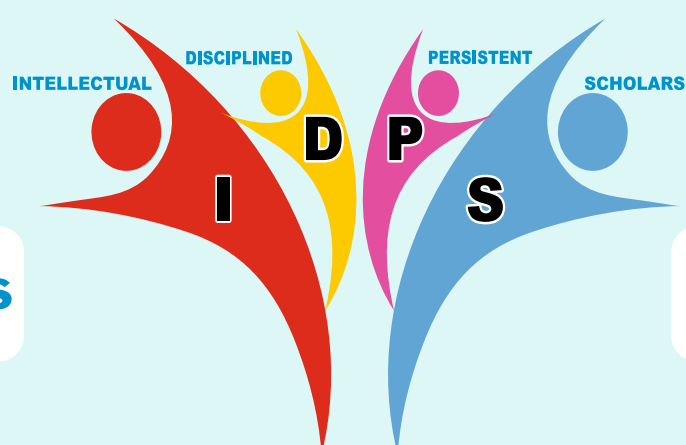


# INTERNATIONAL DELHI PUBLIC SCHOOL



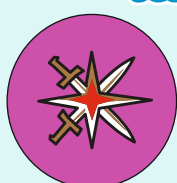
## ISO 9001:2015



*Learn and Succeed*



## SPARTANS



## KNIGHTS



# SAMURAI



## TROJANS

SAVITRIBAI PHULE



**Savitribai Phule** was a Maharashtrian poet, educator, and social reformer. She and her husband significantly contributed to the advancement of women's rights in Maharashtra and in India. She is credited with founding the feminist movement in India. In Pune, near Bhide Wada, Savitribai and her husband established one of the first modern Indian girls' schools in 1848. She campaigned to remove caste and gender prejudice and unfair treatment of individuals. During the nineteenth century, Savitribai Jyotirao Phule, a well-known Indian social reformer, educator, and poet, made a significant contribution to the education and empowerment of women.

Savitribai, one of the few literate women of her age, is recognised for building the first girls' school in Pune with her husband Jyotirao Phule in Bhide Wada. She made significant efforts to educate and emancipate child widows, advocated for widow remarriage, and ran a campaign against child marriage and sati pratha. Along with B. R. Ambedkar and Annabhau Sathe, she is regarded as an icon of the Dalit Mang caste and was a key player in Maharashtra's social reform movement. She aggressively sought to remove caste- and gender-based discrimination and advocated against untouchability. In the Maharashtra village of Naigaon's Satara District, Savitribai Phule was born on January 3, 1831. She was born roughly 50 km (31 miles) from Pune and about 15 km (9.3 miles) from Shirval. Lakshmi and Khandoji Nevase Patil, who both belonged to the Mali Community, raised Savitribai Phule as their youngest child. There were three siblings. When she was nine or

ten years old, Savitribai married Jyotirao Phule (he was 13). No children of their own were born to Savitribai and Jyotirao. Yashawantrao, a son born to a Brahmin widow, is claimed to have been adopted by them. To support this, nevertheless, there is currently no original evidence. It is stated that because Yashwant was born to a widow, no one wanted to offer him a female when he was going to get married. Thus, in February 1889, Savitribai organised his marriage to Dynoba Sasane, a member of her group.

No children were born to Savitribai and Jyotirao. It's claimed that they adopted Yashawantrao, a Brahmin widow's son. However, this has not yet been supported by any original evidence. Yashwant was allegedly refused a girl when he was set to get married because he was the son of a widow. As a result, in February 1889, Savitribai arranged for his marriage to the daughter of a member of her organization.

When Savitribai got married, she was illiterate. Along with working on their farm, Jyotirao schooled Savitribai and Sagunabai Shirsagar, his cousin sister, in their residence. She received her primary education from Jyotirao, and his friends Sakharam Yeshwant Paranjpe and Keshav Shivram Bhavalkar were in charge of her secondary education. She also enrolled in two teacher-training programmes, the first of which was at a Pune Normal School and the second at an Ahmednagar institution headed by American missionary Cynthia Farrar. Given her education, Savitribai might have been the first female headmistress and teacher in India.

Savitribai Phule began instructing girls at the Maharwada in Pune after completing her teacher training. She did this with the help of Jyotirao's tutor and revolutionary feminist Sagunabai Kshirsagar. Soon after starting to work as Sagunabai's assistants, Savitribai, Jyotirao Phule, and Sagunabai opened their own school in Bhide Wada. Tatyasaheb Bhide, who lived in Bhide Wada, was motivated by the job the trio was doing.

Math, physics, and social studies were all part of the traditional western curriculum at Bhide Wada. Savitribai and Jyotirao Phule were in charge of three different ladies' schools in Pune by the end of 1851. There were roughly 150 students enrolled among the three institutions. The three schools used different teaching strategies from those used in government schools, much like the curriculum did. According to the author, Divya Kandukuri, the Phule methods were thought to be better to those employed by government institutions. Because to this reputation, more girls attended the Phule schools than boys did, compared to the number of boys enrolled in public schools.

Savitribai and Jyotirao Phule founded two educational trusts in the 1850s. The Native, Male School in Pune and the Society for Promoting the Education of Mahars, Mangs, and Other Groups were their names. Under the direction of Savitribai Phule and later Fatima Sheikh, these two trusts eventually included a large number of schools. She opened a total of 18 schools with her husband and taught children from various castes. The pair also assisted pregnant rape victims deliver and safeguard their children by opening a care facility called Balhatya Pratibandhak Griha.

QUIZ

Q.1. Which is the second-longest bridge in India?  
Ans. Dibang River Bridge is the second-longest bridge in India.

Q.2. Which is the first sea bridge in India?  
Ans. Pamban Bridge is the first Sea Bridge in India connecting Rameswaram island to the mainland and is the second-longest sea bridge of the country.

Q.3. which is the busiest bridge of India?  
Ans. Howrah Bridge is counted amongst the busiest bridge of the country which is popularly known as the Rabindra Setu. It connects Kolkata and Howrah.

Q.4. On which river is the longest bridge in India stands?  
Ans. Dhola Sadiya Bridge stands on the Lohit river. It is 9.15 kilometre long connecting Assam and Arunachal Pradesh.

Q5. Which is the country that has no river?  
Ans. Saudi Arabia

Q6. Which country has the maximum number of rivers?  
Ans. Russia

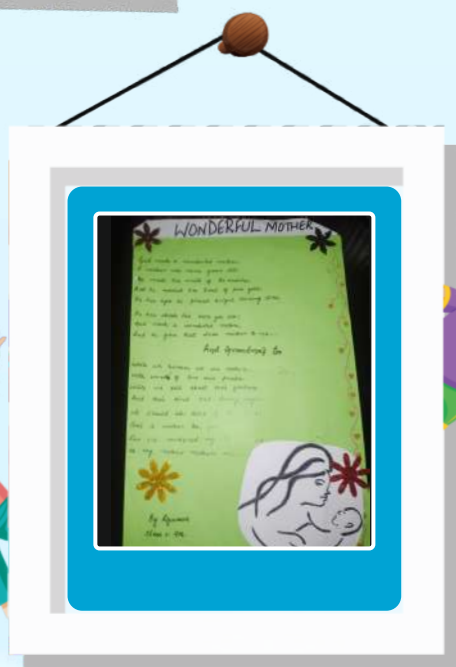
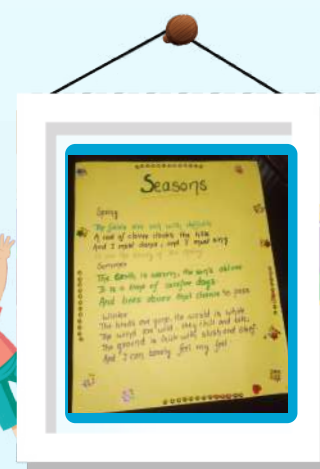
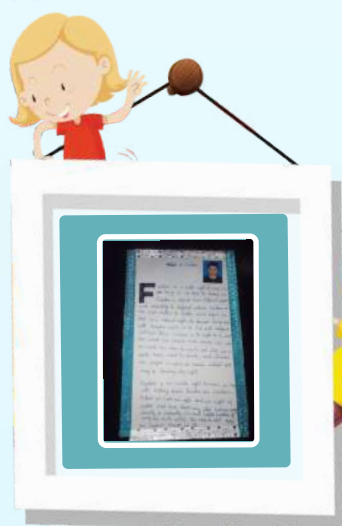
Q7. Which is the shortest river in the world?  
Ans. Roe River

Q8. Which river is called the father of rivers?  
Ans. Indus River





**What keeps life fascinating is the constant creativity of the soul.**





# A MOMENTARY VIEW OF ACTIVITIES

## MONEY HANDLING

It's high time we replace 'finance' with 'funance' by having fun money management activities for kids. It's in genz blood, they'd understand anything if it's fun enough. International Delhi Public School conducted a cheerful activity for little munchkins to help them set a budget and learn that finances need regular attention too, and that savings start small and grow, just like seeds.

**NAMES OF THE STALLS:** WINNIE THE POOH'S STATIONERY (STATIONERY SHOP) IDPS BAKERY BOX (BAKERY SHOP) THE INKSPOT! (Tattoo shop)  
DRAG N' GRAB! GAME STALL RING AND WIN! GAME STALL KNOCK DOWN! GAME STALL

These stalls had been set up and it gave an opportunity to each child to independently choose, calculate and spend within a small assigned budget. Starting from their early education, students can learn the basics of money with recognition and value skills of coins. As they continue through the grades, they can learn higher amount of money and how to use them.. Keeping this in our view IDPS MARKET was arranged for the IDPIAN's by the faculty members of Juniors.



Under the guidance of DY HM. Ms Annie Advin to make them understand the Money Handling Skills wherein stalls were put up for IDPIAN's, where they can purchase various commodities and understand the concept of Money. Mr.Suminder Singh , Managing Director IDPS and Ms. Randeep Wazir, Principal, Ms. MADHU ABROL School Manager, Ms. Arti Sharma- Vice principal and pillars of IDPS also gave their presence for the same and appreciated the efforts of the staff for putting up this fun learning activity for kids.. The constant aim of 'learning by doing'





# A MOMENTARY VIEW OF ACTIVITIES

## VISIT TO PRINTING PRESS

### JUNIORS GRADE IV and V

Printing press is so significant that it has come to be known as one of the most important inventions of our time. It drastically changed the way society evolved. Visiting the printing press allowed the students to have a new way of thinking, changing the way students could learn, share knowledge and keep themselves busy. The children were excited to see the big printing machines. They witnessed the different procedures of printing the newspaper. They realized the hard work put in by the workers of the printing press and learnt the working of Printing Press.



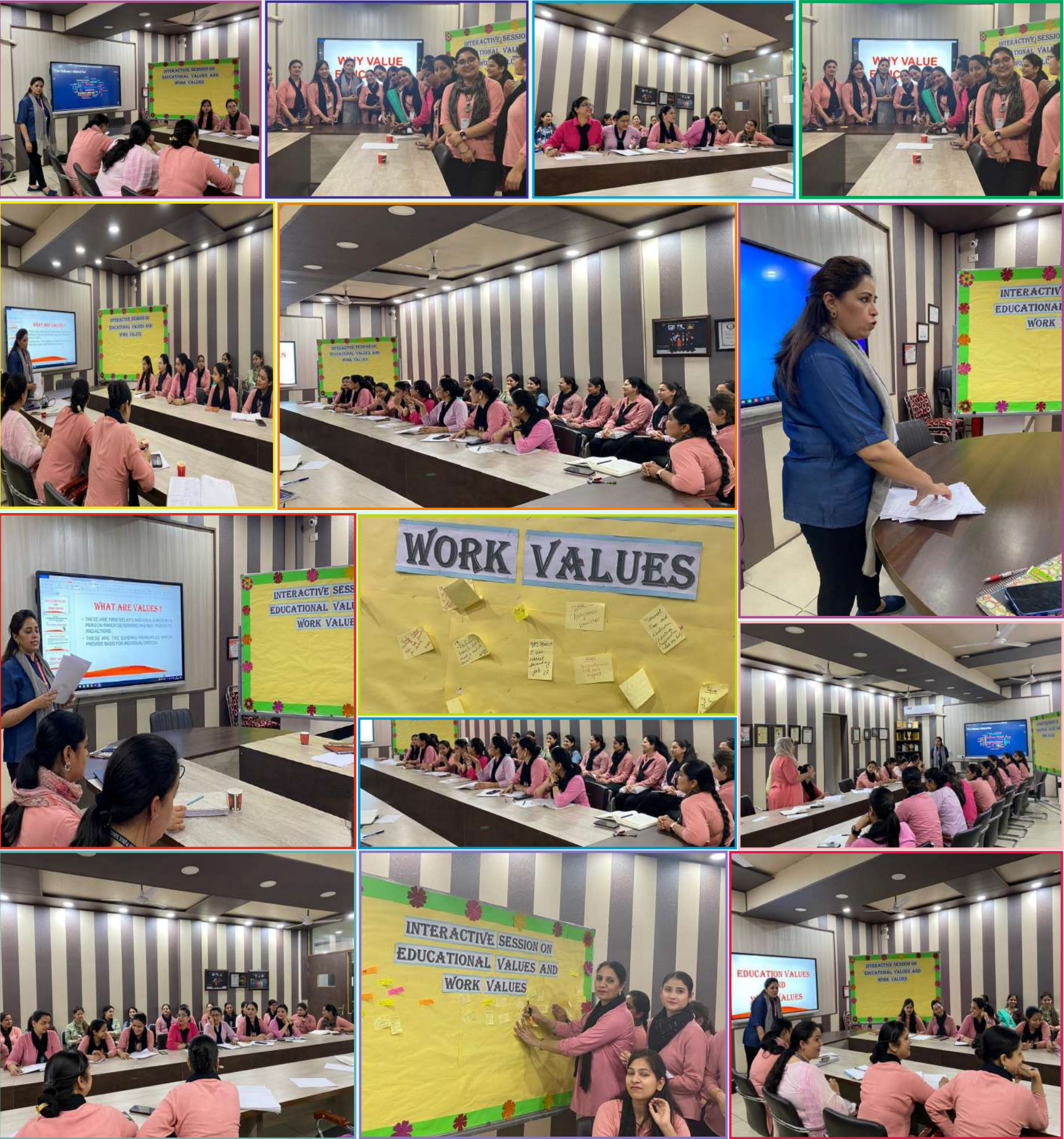


# A MOMENTARY VIEW OF ACTIVITIES

## INTERACTIVE SESSION

### EDUCATIONAL VALUES AND WORK VALUES

The world has made unprecedented advances, but no country has achieved gender equality. International Women’s Day is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for accelerating gender parity. Significant activity is witnessed worldwide as groups come together to celebrate women’s achievements or rally for women’s equality. Keeping the utmost gravity of Women’s day in mind, IDPS conducted a fun filled interactive session for the staff under the supervision of **Mrs. Supriya Anand, Academic Manager (Juniors)**





# WOMEN'S DAY CELEBRATION

*Women's Day celebrations at IDPS She is a Dreamer, She is a believer. She is a doer, She is an achiever, and that She is 'you'.....*

*At IDPS , every woman is empowered, nurtured and create the soul of IDPS. Wishing all the lovely ladies a very **Happy Women's Day**.*





# BENEFITS OF SPORTS



**In addition to good exercise, the benefits of playing sports for students often include social and psychological growth as well**

Playing sports is not only a fun way for students to stay active, but can also be helpful for academic growth! The benefits of sports for students include improving their self-esteem, building interpersonal social skills and more.

## What are the benefits of sports for students?

### 1. Health benefits

This is probably the most obvious one, but for a good reason! Any physical activity that encourages exercise is worth participating in. As the old saying goes, “body and mind” are connected! Students that get proper exercise through sports are more likely to feel energized throughout the day, hold a positive attitude, and maintain a proper sleeping schedule – which in turn helps with staying focused during the school day.

### 2. Social skills

Sports require communication between players. Even one-on-one sports (like tennis, for instance) still require communication between two opponents during a match while encouraging a healthy sense of competition. The social benefits of sports for students help them to improve their social skills while also meeting other individuals that share the same interests. These social skills will translate to the classroom, encouraging your child to be more engaging and confident at school.

### 3. Teamwork

Team sports require players to plan and coordinate together while they work towards a shared task (like scoring a goal). These same skills – assigning duties, strategizing approaches – are extremely helpful in managing group projects at school. Group projects and presentations are a part of the academic sphere even through the college level, so learning how to work well with others is hugely beneficial for a student's academic experience (and beyond).

### 4. Self-esteem

Playing sports is fun. And it's not just about winning or losing – simply participating in sports encourages a mindset towards practice, growth, and improvement. These are the same principles we encourage students to hold academically. Getting better at something feels good, and sports are an excellent way to experience tangible improvement. Whether it's shooting hoops just for fun or joining a team league, sports can be an extremely positive influence on a student's self esteem. This same confidence boost will translate into all areas of their lives, including academic performance.

### 5. Resilience

Remember the old saying, “Learn to be a good sport?” Quite literally, in fact, sports teach us that we don't always get the outcome we want. Olympic athletes train for years only to fall short of the gold medal – but rather than discourage their efforts, it motivates them to pick themselves up again and train harder. Team sports are the same – emotions can run high, and losing a big game can be disappointing. However, these experiences teach students to have good sportsmanship. Resilience is just as important in academics – when students are disappointed with a score or exam result, having good resilience helps them to “bounce back” and try again with a new approach. Sports are a great way of instilling these values at a young age.





# TEST ANXIETY



Many students experience stress or anxiety before an exam. In fact, a little nervousness can actually help you perform your best. However, when this distress becomes so excessive that it actually interferes with performance on an exam, it is known as test anxiety. What does it feel like to experience test anxiety? You paid attention in class, took detailed notes, read every chapter, and even attended extra study sessions after class, so you should do great on that big exam, right? When the test is presented, however, you find yourself so nervous that you blank out the answers to even the easiest questions. If this experience sounds familiar, then you might be experiencing test anxiety.

### Understanding Test Anxiety

Test anxiety is a psychological condition in which people experience extreme distress and anxiety in testing situations. While many people experience some degree of stress and anxiety before and during exams, test anxiety can actually impair learning and hurt test performance.

Test anxiety is a type of performance anxiety. In situations where the pressure is on and a good performance counts, people can become so anxious that they are actually unable to do their best.

Other examples of performance anxiety:

A businessman freezes up and forgets the information he was going to present to his co-workers and manager during a work presentation.

A high school basketball player becomes very anxious before a big game. During the game, she is so overwhelmed by this stress that she starts missing even easy shots.

A violin student becomes extremely nervous before a recital. During the performance, she messes up on

several key passages and flubs her solo. Coping With Pre-Competition Nervousness

### Identifying Test Anxiety

While people have the skills and knowledge to do very well in these situations, their excessive anxiety impairs their performance. The severity of test anxiety can vary considerably from one person to another. Some people might feel like they have "butterflies" in their stomach and while others might find it difficult to concentrate on the exam.

A little bit of nervousness can actually be helpful, making you feel mentally alert and ready to tackle the challenges presented in an exam. The Yerkes-Dodson law suggests that there is a link between arousal levels and performance. Essentially, increased arousal levels can help you do better on exams, but only up to a certain point.

Once these stress levels cross that line, the excessive anxiety you might be experiencing can actually interfere with test performance.

Excessive fear can make it difficult to concentrate and you might struggle to recall things that you have studied. You might feel like all the information you spent some much time reviewing suddenly seems inaccessible in your mind.

You blank out the answers to questions to which you know you know the answers. This inability to concentrate and recall information then contributes to even more anxiety and stress, which only makes it that much harder to focus your attention on the test.

### Symptoms of Test Anxiety

The symptoms of test anxiety can vary considerably and range from mild to severe. Some students experience only mild symptoms of test anxiety and are still able to do fairly well on exams. Other students are nearly incapacitated by their anxiety, performing dismally on tests or experiencing panic attacks before or during exams.

According to the Anxiety and Depression Association of America, symptoms of test anxiety can be physical, behavioral, cognitive, and emotional.

#### Physical Symptoms

Physical symptoms of test anxiety include sweating, shaking, rapid heartbeat, dry mouth, fainting, and nausea. Sometimes these symptoms might feel like a case of "butterflies" in the stomach, but they can also be more serious symptoms of physical illness such as nausea, diarrhea, or vomiting.

#### Cognitive and Behavioral Symptoms

Cognitive and behavioral symptoms can include avoiding situations that involve testing. This can involve skipping class or even dropping out of school. In other cases, people might use drugs or alcohol to cope with symptoms of anxiety.

Other cognitive symptoms include memory problems, difficulty concentrating, and negative self-talk.

#### Emotional Symptoms

Emotional symptoms of test anxiety can include depression, low self-esteem, anger, and a feeling of hopelessness. Fortunately, there are steps that students can take to alleviate these unpleasant and oftentimes harmful symptoms. By learning more about the possible causes of their test anxiety, students can begin to look for helpful solutions.

Is test anxiety a disorder?

Test anxiety is not recognized as a distinct condition in the "Diagnostic and Statistical Manual of Mental Disorders" (DSM-5-TR). However, it can sometimes occur as a manifestation of another anxiety disorder such as social anxiety disorder, generalized anxiety disorder, or specific phobia.

### Causes of Test Anxiety

While test anxiety can be very stressful for students who experience it, many people do not realize that is actually quite common. Nervousness and anxiety are perfectly normal reactions to stress. For some people, however, this fear can become so intense that it actually interferes with their ability to perform well.

So what causes test anxiety? For many students, it can be a combination of things. Poor study habits, poor past test performance, and an underlying anxiety problem can all contribute to test anxiety.

#### A few potential causes of test anxiety include:

**Fear of failure:** If you connect your sense of self-worth to your test scores, the pressure you put on yourself can cause severe test anxiety.

**Poor testing history:** If you have done poorly on tests before, either because you didn't study well enough or because you were so anxious, you couldn't remember the answers; this can cause even more anxiety and a negative attitude every time you have to take another test.

**Unpreparedness:** If you didn't study or didn't study well enough, this can add to your feeling of anxiety.

**Biological Causes:** In stressful situations, such as before and during an exam, the body releases a hormone called adrenaline. This helps prepare the body to deal with what is about to happen and is commonly referred to as the "fight-or-flight" response. Essentially, this response prepares you to either stay and deal with the stress or escape the situation entirely. In a lot of cases, this adrenaline rush is actually a good thing. It helps prepare you to deal effectively with stressful situations, ensuring that you are alert and ready. For some people, however, the symptoms of anxiety they feel can become so excessive that it makes it difficult or even impossible to focus on the test. Symptoms such as nausea, sweating, and shaking hands can actually make people feel even more nervous, especially if they become preoccupied with these test anxiety symptoms.

#### Mental Causes

In addition to the underlying biological causes of anxiety, there are many mental factors that can play a role in this condition. Student expectations are one major mental factor. For example, if a student believes that she will perform poorly on an exam, she is far more likely to become anxious before and during a test. Test anxiety can also become a vicious cycle. After experiencing anxiety during one exam, students may become so fearful about it happening again that they actually become even more anxious during the next exam. After repeatedly enduring test anxiety, students may begin to feel that they have no power to change the situation, a phenomenon known as learned helplessness.

### How to Overcome Test Anxiety

So what exactly can you do to prevent or minimize test anxiety? Here are some strategies to help cope:

**Avoid the perfectionist trap.** Don't expect to be perfect. We all make mistakes and that's okay. Knowing you've done your best and worked hard is really all that matters, not perfection.

**Banish the negative thoughts.** If you start to have anxious or defeated thoughts, such as "I'm not good enough," "I didn't study hard enough," or "I can't do this," push those thoughts away and replace them with positive thoughts. "I can do this," "I know the material," and "I studied hard," can go far in helping to manage your stress level when taking a test.

**Get enough sleep.** A good night's sleep will help your concentration and memory.

AMAZING FACTS

CAMEL



Camels have three eyelids to protect themselves from the blowing desert sand.

Coca-Cola



Coca-Cola was originally green.

SNAIL



A snail can sleep for three years

ELEPHANT



Elephants are the only animals that can't jump.

FINGER PRINT



Like fingerprints, everyone's tongue print is different.

ARGENTINA



Argentina produced the first animated feature film ever.

FABLED FIRST



MOTHER TERESA

Mother Teresa was the first Indian woman to win Noble Peace Prize in 1979. She was born on August 26, 1910. She founded the missionaries of charity in 1950.

Quote

"Self Belief And Hard Work Will Always Earn You Success"

—Virat Kohli

WORD MEANING

deceptive

Word: deceptive  
Meaning: Giving an appearance or impression different from the true one; misleading.  
Sentence: "he put the question with deceptive casualness"

SCRABBLE

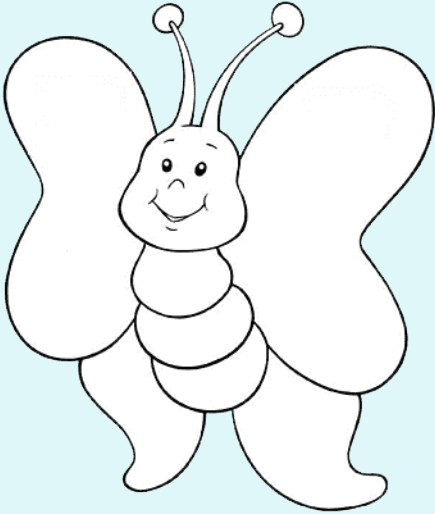
O	M	A	O	B	B
E	M	P	R	D	U
E	E	I	T	R	N
M	S	E	E	E	T
O	C	L	F	A	N

GARRETT MORGAN  
THE FOUNDER OF TRAFFIC LIGHTS

Garrett Morgan

The son of a former slave, came up with a laundry list of innovations while living in Cleveland, Ohio, including a hair-straightening product and the predecessor for the gas mask. His best-known contribution, though, was an improved automatic electric traffic light, which stopped traffic from all directions briefly so drivers would have time to stop before the oncoming traffic was given the green light.

COLOURING PICTURE



Quiz

- 1. Which ports of India is also known as "child of partition"?
- 2. The Chamara Dam is located in which state/UT?
- 3. Port Blair is located on which Islands?
- 4. Where are the headquarters of Indian Boxing Federation located?
- 5. Largest cricket ground in the world, by capacity is located in which country?

- 1. KANDLA
- 2. HIMACHAL PRADESH
- 3. SOUTH ANDAMAN
- 4. NEW DELHI
- 5. INDIA



CURRENT AFFAIRS

1. **Seven PM MITRA** (Pradhan Mantri Mega Integrated Textile Region and Apparel) Park sites announced. Government, Ministry of Textiles, has issued a notification to set up 7 Mega Integrated Textile Region and Apparel (PM MITRA) Parks with a total outlay of Rs. 4,445 crore. Seven sites were chosen out of 18 proposals for PM MITRA parks which were received from 13 States. The Parks will come up in Tamil Nadu, Telangana, Gujarat, Karnataka, Madhya Pradesh, Uttar Pradesh and Maharashtra.



2. **Sikkim** hosts B20 meeting under India's G20 presidency. The B20 Conference, held in Gangtok, Sikkim under India's G20 presidency, focused on exploring business opportunities in tourism, hospitality, pharmaceuticals, and organic farming. The event brought together delegations from 22 countries and over 100 Indian delegations to showcase Sikkim's potential in these sectors. This meeting will provide a unique opportunity to promote startups in North East India. The conference also presented an opportunity for India to address global challenges and showcase its leadership on the international stage.



3. **Sampanna Ramesh** sets record as fastest Indian to swim across Palk Strait. Sampanna Ramesh Shelar, a Bachelor of Physical Education student, has set a new record by becoming the fastest Indian in the under-21 category to swim across the Palk Strait, from Talaimannar in Sri Lanka to Dhanuskodi in Tamil Nadu. He completed the 29 km distance in just 5 hours and 30 minutes, beating the previous record of 8 hours and 26 minutes. Shelar started his swim at 6:00 am on Thursday and reached Dhanushkodi at 11:26 am. He is coached by Mr. Jitendra Khasnis and plans to complete solo swims across the English and Catalina Channels to achieve the Oceans Seven Challenge.



4. **“Governor of the Year”** for 2023 Shaktikanta Das, Governor of the Reserve Bank of India, has been honored with the title “Governor of the Year” for 2023 by Central Banking, an international economic research journal. The publication praised Das for his steady leadership during challenging periods, including the collapse of a significant non-banking company, the initial and second waves of the COVID-19 pandemic and inflationary pressures due to Russia's invasion of Ukraine.



5. **The Vande Bharat Express** is now being driven by Surekha Yadav, the first female locomotive pilot in Asia. From Solapur to Chhatrapati Shivaji Maharaj Terminal (CSMT) in Maharashtra, Yadav ran the Vande Bharat Express. Surekha Yadav, a native of Satara, Maharashtra, became the nation's first female train driver in 1988.



6. **During the ASSOCHAM Annual Session 2023**, Mr. Piyush Goyal, who serves as the Union Minister of Commerce and Industry, Consumer Affairs, Food and Public Distribution, and Textiles, declared that India's merchandise and services exports are expected to surpass US\$ 760 billion in the present fiscal year, which will end on March 31, 2023. Despite the global economic downturn, rising inflation, and high-interest rates, Mr. Goyal highlighted India's successful performance. He also stated that exports increased from US\$ 500 billion in 2020-21 to US\$ 676 billion in 2021-22.



7. **Naveen Jindal** has been awarded a lifetime achievement award by the University of Texas at Dallas for his accomplishments in industry, politics, and education. Jindal, who graduated from the University in 1992, received the award in a ceremony. This award is the highest recognition given to an alumnus by the University of Texas, Dallas and is presented to those whose contributions have positively impacted society. Aziz Sancar, a Nobel Laureate, was the first person to receive the Lifetime Achievement Award from the University of Texas at Dallas.



8. **IIT Madras** researchers develop pocket-friendly device to detect adulteration in milk. In just 30 seconds, a cost-effective and portable 3D paper-based device developed by researchers at IIT Madras can detect milk adulteration. This device is unlike traditional laboratory-based methods and can be used at home with just one millilitre of the liquid sample needed for testing. The device is capable of identifying various commonly used adulterating agents, including but not limited to detergents, soap, hydrogen peroxide, urea, starch, salt, and sodium-hydrogen-carbonate.



9. **After President Abdel-Fattah El-Sisi** visited India as a chief guest for the Republic Day celebrations, Egypt has become a member of the BRICS New Development Bank (NDB). According to sources familiar with the matter, Egypt officially joined the NDB on February 20, with a formal notification issued on March 22. The African-Arab nation intends to enhance its infrastructure, and NDB funding can make a significant contribution toward achieving this goal.



10. **Garden Reach Shipbuilders and Engineers** (GRSE), a shipbuilding company in India, has launched INS Androth, a vessel claimed to be the “most silent ship in the country” for the Indian Navy. The vessel is the first in a series of eight anti-submarine warfare shallow-watercraft to be delivered to the navy. The ships will be used for patrolling, search and rescue operations, and other military missions. The INS Androth has been designed to accommodate 50 crew members and is equipped with state-of-the-art communication systems, radars, and sonars to detect and track enemy submarines.



11. **Denmark** inaugurates a project to store carbon dioxide 1,800 metres beneath the North Sea, the first country in the world to bury CO2 imported from abroad. The CO2 graveyard, where the carbon is injected to prevent further warming of the atmosphere, is on the site of an old oil field. Led by British chemical giant Ineos and German oil company Wintershall Dea, the “Greensand” project is expected to store up to eight million tonnes of CO2 per year by 2030.



12. **31 Indian states have implemented 'PM CARES for Children' scheme:** ILO-UNICEF report. An ILO-UNICEF report on Social Protection for Children said 31 Indian states have implemented the national 'PM CARES for Children ' scheme launched during the pandemic with 10,793 full orphans (children who have lost both parents) and 151,322 half-orphans (children who have lost one parent) due to the pandemic taking the benefit of the scheme. The report stated that 31 states in India had implemented the national 'PM CARES for Children' scheme. So far, only 4,302 children have received support from the scheme.



13. **World's first' bamboo crash barrier** installed on Maharashtra highway. The world's first 200-metre-long bamboo crash barrier has been installed on a highway connecting Chandrapur and Yavatmal districts in Maharashtra. Named 'Bahu Balli', the bamboo crash barrier underwent “rigorous testing” at various government-run institutions like the National Automotive Test Tracks (NATRAX) in Pithampur, Indore. This was rated as Class 1 during the Fire Rating Test conducted at the Central Building Research Institute (CBRI) in Roorkee and it has also been accredited by the Indian Road Congress, According to Nitin Gadkari-led Ministry of Road Transport and Highways.



14. **Banks from 18 countries get RBI's nod to trade in rupee:** Centre in RS. The Reserve Bank of India (RBI) has permitted banks from 18 countries to open Special Vostro Rupee Accounts (SVRAs) to settle payments in rupees, the government said. Speaking in Rajya Sabha, Union Minister of State for Finance Bhagwat Kishanrao Karad said that 60 such approvals have been given by the RBI. These 18 nations include Botswana, Fiji, Germany, Guyana, Israel, Kenya, Malaysia, Mauritius, Myanmar, New Zealand, Oman, Russia, Seychelles, Singapore, Sri Lanka, Tanzania, Uganda and the United Kingdom.





# THE BOY AND THE APPLE TREE



A long time ago, there was a huge apple tree. A little boy loved to come and play around it everyday. He climbed to the treetop, ate the apples, and took a nap under the shadow. He loved the tree and the tree loved to play with him. Time went by, the little boy had grown up and he no longer played around the tree every day. One day, the boy came back to the tree and he looked sad. “Come and play with me”, the tree asked the boy. “I am no longer a kid, I do not play around trees any more” the boy replied. “I want toys. I need money to buy them.” “Sorry, but I do not have money, but you can pick all my apples and sell them. So, you will have money.” The boy was so excited. He grabbed all the apples on the tree and left happily. The boy never came back after he picked the apples. The tree was sad. One day, the boy who now turned into a man returned and the tree was excited. “Come and play with me” the tree said “I do not have time to play. I have to work for my family. We need a house for shelter. Can you help me?” “Sorry, but I do not have any house. But you can chop off my branches to build your house.” So the man cut all the branches of the tree and left happily. The tree was glad to see him happy but the man never came back since then. The tree was again lonely and sad. One hot summer day, the man returned and the tree was delighted. “Come and play with me!” the tree said. “I am getting old. I want to go sailing to relax myself. Can you give me a boat?” said the man. “Use my trunk to build your boat. You can sail far away and be happy.” So the man cut the tree trunk to make a boat. He went sailing and never showed up for a long time. Finally, the man returned after many years. “Sorry, my boy. But I do not have anything for you anymore. No more apples for you”, the tree said. “No problem, I do not have any teeth to bite” the man replied. “No more trunk for you to climb on.” “I am too old for that now” the man said. “I really cannot give you anything, the only thing left is my dying roots,” the tree said with tears. “I do not need much now, just a place to rest. I am tired after all these years,” the man replied. “Good! Old tree roots are the best place to lean on and rest, come sit down with me and rest.” The man sat down and the tree was glad and smiled with tears. This is a story of everyone. The tree is like our parents. When we were young, we loved to play with our Mum and Dad. When we grow up, we leave them; only come to them when we need something or when we are in trouble. No matter what, parents will always be there and give everything they could just to make you happy. You may think the boy is cruel to the tree, but that is how all of us treat our parents. We take them for granted; we don’t appreciate all they do for us, until it’s too late. Wallahi, May Allah forgives us of our shortcomings and may He guide us.



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FROM THE  
**EDITOR'S DESK**  
**Ms. Suman Kour**  
Chief Media Editor

Many of us grow up not knowing what we want to do with our lives. It can take years to figure it out and some never do. Many of us change jobs, careers, move to a different location, country and even different relationships, searching for their purpose and destination. To achieve success in finding your way, soul-searching is a necessity. You need to ask yourself "what do I want in life? "Think about your strengths, your weaknesses and most importantly your passions. It may take a day, a week, a month or even longer, but when you answer your questions, your destination becomes clear. Your direction will not fall in your lap, so don't waste another moment, create an inner compass and find it yourself. When we talk about choosing the right path, we need to first understand that one of the greatest things of modern societies the freedom to choose which paths in life we want to take. Before we can start analyzing the various paths, we need to firstly know ourselves and recognize the values that we have as individuals. In my personal opinion the right path leaves you with no regrets and no doubts, eventually leading you to a purpose in your life.  
**HAPPY READING**