

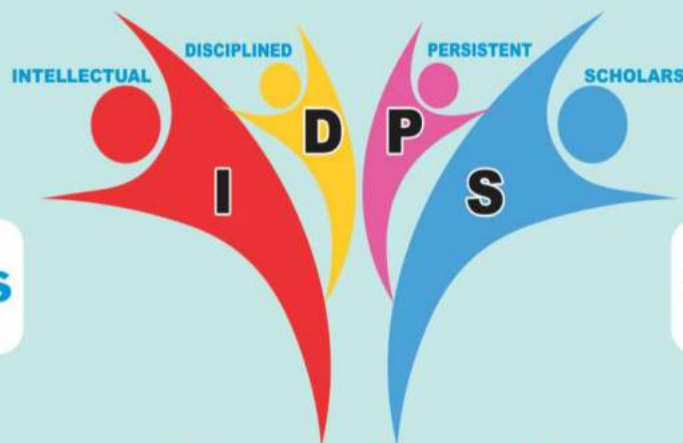
▶ IDPS CHRONICLE



INTERNATIONAL DELHI PUBLIC SCHOOL

CBSE Code: 730102

ISO 9001:2015



GARTEN

JUNIORS

CHAMPS

SCHOLARS

Learn and Succeed



Madurai Shanmukhavadiyu Subbulakshmi



Madurai Shanmukhavadiyu Subbulakshmi was an Indian Carnatic singer from Madurai, Tamil Nadu. She was the first musician ever to be awarded the Bharat Ratna, India's highest civilian honour and the first Indian musician to receive the Ramon Magsaysay award. Subbulakshmi (Kunjamma to her family) was born on 16 September 1916 in Madurai, Madras Presidency, to veena player Shanmukhavadiyer Ammal and Subramania Iyer. Her grandmother Akkammal was a violinist. She started learning Carnatic music at an early age and trained in Carnatic music under the tutelage of Semmangudi Srinivasa Iyer and subsequently in Hindustani music under Pandit Narayanrao Vyas. Her mother, from the devadasi community, was a music exponent and a regular stage performer, and Subbulakshmi grew up in an environment very conducive to musical learning. Her musical interests were also shaped by regular interactions with Karaikudi Sambasiva Iyer, Mazhavarayanandal Subbarama Bhagavathar and Ariyakudi Ramanuja Iyengar. Subbulakshmi gave her first public performance, at the age of eleven, in the year 1927, in the 100 pillar hall inside the Rockfort Temple, Tiruchirappalli; with Mysore Chowdiah on the violin and Dakshinamurthy Pillai on the mridangam. This was organised by the Tiruchirappalli-based Indian National Congress leader F. G. Natesa Iyer.

In 1936 Subbulakshmi moved to Madras (now Chennai). She also made her film debut in *Sevasadanam* in 1938. Her debut to the world of cinema was again opposite F. G. Natesa Iyer. M.S. Subbulakshmi began her Carnatic classical music training under her mother Shanmukhavadiyu; and later in Hindustani classical training under Pandit Narayan Rao Vyas. Subbulakshmi first recording was released when she was 10 years old. Subbulakshmi gave her first performance at the prestigious Madras Music Academy in 1929, when she was 13 years old. The performance consisted of singing bhajans (Hindu hymns). The academy was known for its discriminating selection process, and they broke tradition by inviting a young girl as a key performer. Her performance was described as spellbinding and earned her many admirers and the moniker of musical genius from critics. Soon after her debut performances, Subbulakshmi became one of the leading Carnatic vocalists.

By the age of seventeen, Subbulakshmi was giving concerts on her own, including major performances at the Madras Music Academy. She travelled to London, New York, Canada, the Far East, and other places as India's cultural ambassador. Her concerts at Edinburgh International Festival of Music and Drama in 1963; Carnegie Hall, New York; the UN General Assembly on UN day in 1966; Royal Albert Hall, London in 1982; and Festival of India in Moscow in 1987 were significant landmarks in her career. In 1969 she was accompanied by Indian Railways Advisor SN Venkata Rao to Rameswaram, where she sang several songs in front of each idol in the Ramanathaswamy Temple. She shared a very cordial relation with Sree Ramaseva Mandali Bengaluru for whom she performed 36 concerts. After the death of her husband Kalki Sadasivam in 1997, she stopped all her public performances. Her last performance was in 1997, before her retirement from public concerts. M. S. Subbulakshmi died on 11 December 2004, at her home in Kotturpuram, Chennai. M.S. also acted in a few Tamil films in her youth. Her first movie, *Sevasadanam*, was released on 2 May 1938. F.G. Natesa Iyer was the lead actor, opposite Subbulakshmi, in this film, directed by K. Subramanyam. It was a critical and commercial success. Ananda Vikatan favourably reviewed the film on 8 May 1938: We should always expect something from Subramaniam's direction – for instance depiction of social ills. If we have to say only two words about this talkie based on Premchand's story it is – Go see (it). *Sevasadanam* is one of the early Tamil films to be set in a contemporary social setting and to advocate reformist social policies. The film is an adapted version of Premchand's novel *Bazaar-e-Husn*. The veteran Marxist leader N. Sankaraiah, has described *Sevasadanam* as an "unusual film" for choosing the subject of marriages between young girls and old men (which had social sanction). According to him, the film successfully brought out the "sufferings of the girl" (acted by M.S.) and the "mental agony of the aged husband". (acted by F.G.Natesa Iyer). Tamil film critic and historian Aranthai Narayanan observes in his book *Thamizh Cinemavin Kathai* (The Story of Tamil Cinema) that "*Seva Sadhanam* proved a turning point in the history of Tamil cinema. In the climax, the aged husband, now a totally changed man, was shown as casting aside with utter contempt his 'sacred thread', which symbolises his Brahmin superiority. It came as a stunning blow to the then Brahmin orthodoxy."

MS Subbulakshmi also played the male role of Narada in *Savitri* (1941) to raise money for launching *Kalki*, her husband's nationalist Tamil weekly. Her title role of the Rajasthani saint-poetess Meera in the eponymous 1945 film gave her national prominence. This movie was re-made in Hindi in 1947.

Awards and honours

M. S. Subbulakshmi wearing saree of a colour which has become synonymous to her name – MS Blue Subbulakshmi on a 2005 stamp of India. Pandit Jawaharlal Nehru had this to say about M.S. Subbulakshmi- "Who am I, a mere Prime Minister before a Queen, a Queen of Music". While Lata Mangeshkar called her Tapaswini (the Renunciante), Ustad Bade Ghulam Ali Khan termed her Suswaralakshmi (the goddess of the perfect note), and Kishori Amonkar labelled her the ultimate eighth note or Aathuvaan Sur, which is above the seven notes basic to all music. The great national leader and poet Sarojini Naidu called her "Nightingale of India". Her many famous renditions of bhajans include the chanting of Meenakshi Pancharatnam, Bhaja Govindam, Vishnu sahasranama (1000 names of Vishnu), Hari Tuma Haro and the Venkateswara Suprabhatam (musical hymns to awaken Lord Balaji early in the morning).

She was widely honoured, praised and awarded. Some of the popular ones include:

- Padma Bhushan in 1954
- Sangeet Natak Akademi Award in 1956
- Sangeetha Kalanidhi in 1968
- Ramon Magsaysay award (often considered Asia's Nobel Prize) in 1974
- Padma Vibhushan in 1975
- Sangeetha Kalasikhamani in 1975 by The Indian Fine Arts Society, Chennai
- Kalidas Samman in 1988
- Indira Gandhi Award for National Integration in 1990
- Bharat Ratna in 1998

She was honoured as a resident artist Asthana Vidhwan of Tirumala Tirupati Devasthanams.[17] Tirupati Urban Development Authority (TUDA) has installed a bronze statue of M.S. Subbulakshmi at the Poornakumbham circle in the temple town. It was unveiled by Andhra Pradesh Chief Minister Y. S. Rajasekhara Reddy on 28 May 2006.

The Kancheepuram Saree shade known as MS Blue was named after her by the well known Congress party member and philanthropist, Sri Muthu Chettiyar when they met at the residence of Sri R. Aiyadurai and Smt. Thangam Aiyadurai at Lady Desikachari Road, Madras, who were close friends of MS and Sadasivam.

A commemorative postage stamp on her was issued on 18-December-2005. United Nations decided to issue stamp to mark birth centenary M.S. Subbulakshmi, She was bestowed with enormous prize moneys with these awards, most of which she donated to charity. She has given more than 200 charity concerts and raised well over Rs. 10,000,000. She was awarded honorary degrees from several Universities. She was an ardent devotee of Kanchi Mahaswamigal and she rendered his composition "Maithreem Bhajatha" (O World! Cultivate peace) in her concert at the UN in 1966. She made a 20-minute recording of "Venkatesa Suprabhatam" for HMV, the royalty from which goes to the Veda Patasala run by the Tirupati Tirumala Devasthanam She donated many of the royalties on several best sold records to many charity organisations.



INDEPENDENCE DAY CELEBRATION



BHARAT BEACON- RELAY ON INDEPENDENCE DAY

Let's open our mind to freedom, Let's find a purpose Let's wake up and take charge of our country. As India is about to complete 77 years of glorious Independence, we have to find a way to celebrate our diversity and debate our differences without fracturing our communities. Having a firm belief in ourselves to contribute in making India- Nation First Always First. The relay was flagged off from IDPS SENIOR and culminated at IDPS JUNIOR.



INTER CLASS RANGOLI MAKING COMPETITION HAPPY CURRICULUM GRADE IV & V



COLORS are synonymous with a lot of feelings and emotions. On this note, Rangoli Making Competition was organized for the Juniors of GRADE IV and V as they participated enthusiastically in the Competition understanding the importance and significance of *COLORS* in our Tri-Color. The Saffron colour, indicating the strength and courage of the country. The middle white indicates peace and truth with Dharma Chakra. The green colour shows the fertility, growth and auspiciousness of the land.



CRUNCH MEETS CREATIVITY- HAPPY CURRICULUM GRADE VI - VIII

THEME - INDEPENDENCE DAY

INTERNATIONAL DELHI PUBLIC SCHOOL
Dear Leaders
You all are cordially invited to

Crunch meets Creativity



Happy Curriculum

Fruits & Vegetables Arrangement Competition

Grade- VI- VIII
Time- 09:45 AM



IDPS CHAMPS were enthused with vigour and creativity to give their best representation in the form of Fruit and Vegetable arrangements made by them keeping in view the Tri color.



INTER HOUSE GROUP SONG COMPETITION



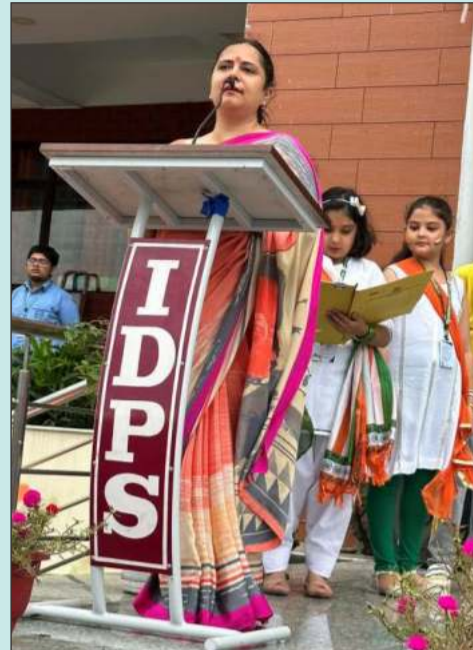
IDPS has organised an InterHouse Group Song Competition for grades IX-XII. Each house prepared a Hindi Patriotic Song under the guidance of the house Commanders. The participants sang the song with a lot of passion, confidence, and patriotic feeling. Each house showed their mastery over voice modulation, pitch, and tone. They showcased a sense of pride, self-esteem, and confidence in their country.



The program was judged by Ms. Arti Sharma (Vice Principal) and Ms. Aenny Mattoo. They were impressed with the tonal quality, the confidence, and the costumes according to the theme. 1st Position bagged by Spartans and Trojans House & 2nd Position bagged by Knights House



Independence Day Special Assembly



Independence Day Special Assembly served as a platform to instill a sense of patriotism, unity, and appreciation for the sacrifices made by our freedom fighters. The spirit of patriotism was invoked through a powerful and stirring patriotic song which set the the tone for the rest of the event and encouraged students to connect emotionally with the significance of the day.



The assembly witnessed the Cultural performances that represent the diverse cultural heritage of India, enhancing the sense of unity among students. IDPIANs participated in dance, music, and drama performances that celebrate the rich tapestry of our country's traditions and beliefs.



KITE BOARDING (KITESURFING)

Kiteboarding, also known as kitesurfing, is a water sport that blends elements and characteristics of wakeboarding, surfing, windsurfing, snowboarding, paragliding, and skateboarding. Harnessed to a large hand-controlled kite and powered by the wind, the kiteboarder uses a board (similar to a snowboard, wakeboard, or skateboard) to ride and glide across the water. Kiteboarders are only able to fly their kites through an imaginary wind window. Unlike in windsurfing and other sailing disciplines, kiteboarders need minimum wind speed to get their wings up in the sky. The sport of kiteboarding has its roots in the south of France. Between the late 1970s and early 1980s, brothers Dominique and Bruno Legaignoux started testing the use of a dual-line kite in water skiing. They got the inspiration from the "Jacob's Ladder" catamaran and its stacked Flexifoil kites and from the Birdsail, a kind of mini hang-glider that replaced the windsurf sail. In the early 1990s, and after a few years of research, development, and testing, Oregon's Cory Roeseler and his dad founded KiteSki. The company developed an eye-catching patent-protected kite sports bundle that included a kite, board, and a reel bar. The early kiteboarding prototypes caught the attention of a few action sports enthusiasts in Maui, the windy Hawaiian island. The early kiteboarding prototypes caught the attention of a few action sports enthusiasts in Maui, the windy Hawaiian island. Joe Koehl, Robby Naish, Don Montague, Laid Hamilton, Emmanuel Bertin, and others helped improve the technical aspects of kitesurfing and gave notoriety it never had. The first-ever kiteboarding competition was held in September 1998 in Maui and attracted 22 athletes. The winner was Marcus "Flash" Austin. The winner was Marcus "Flash" Austin. A Fast-Growing Water Sport Kiteboarding has evolved a lot in its first three decades of existence. The outdoor activity is now performed in the water, but also on land. Over the years, the sport was divided into several disciplines - wave riding, freestyle, slalom/course, speed, big air, wake park riding, kite buggying, and kite landboarding. The sport has already developed an extensive list of tricks and maneuvers. Some of them were inspired by surfing, windsurfing, wakeboarding, and skateboarding, but kite enthusiasts have already created their own original moves. There are various types of kiteboarding kites, different types of boards, and multiple combinations for each riding style and situation.



Inter school Zonal Cricket Match under 14



Inter school Zonal Cricket Match under 14 We are proud to announce that Arslan Bhat - IDPIAN gave a fantastic performance in Gandhinagar Inter school Zonal Cricket match under 14 held at Khel Gaon Nagrota from 31st June to 5 July. He played very well in 5 days match and took 2 wickets in final match. Gandhinagar zone took the winner's trophy.



GOLD MEDAL



A proud moment for IDPS !!
Name of the Shooter :- Katrina Kaif
Game:- 10m air rifle shooting
Medal:- Gold Competition
venue:- Shri Mata Vaishno devi shrine board stadium katra
Competition level:- State level championship 2023-24



DRAGON FRUIT

What Are the Benefits of Dragon Fruit?

Because dragon fruit is full of vitamins and nutrients, and offers potentially disease-fighting antioxidants, it probably come as no surprise that eating this fruit on a regular basis can have a positive influence on your health and wellness.

Some of the possible benefits you can receive from dragon fruit are as bellow:-

Improves Cardiovascular Health

Dragon fruit might be the perfect food if you're looking to improve your cardiovascular health and possibly help reduce your risk of heart attack and stroke. The antioxidants in the fruit and its seeds (which are edible) provide your body with omega-3 and omega-9 fatty acids and also help reduce total cholesterol, including the LDL "bad" cholesterol levels,

according to a study — all of which can improve cardiovascular health. Improving your cholesterol can help reduce plaque buildup in your arteries, which promotes healthy blood flow.

Supports Your Immune System

People who have a weakened immune system are more susceptible to a variety of illnesses. This can include the common cold and flu and infections.

Dragon fruit contains vitamin C, which can give your immune system a boost and defend your body against foreign invaders (germs and bacteria) and free radicals. Free radicals are unstable atoms in the body that can lead to cell damage.

Aids Your Digestion

The dietary fiber in dragon fruit also can help promote healthy digestion and gut health. Adults need between 21 and 38 g of fiber per day. About 100 g of dragon fruit contains 2.9 g of fiber, or 10 percent of the daily value. Adequate dietary fiber contributes to bowel regularity and can prevent and treat constipation.

Plays a Role in Cancer Prevention

Not only does the immune-boosting ability of vitamin C help prevent cancer, but red dragon fruit also contains lycopene, a powerful antioxidant that gives red fruits their color.

This antioxidant has been shown to help reduce cancerous cells in the body. According to some reports, red dragon fruit extract may play a part in the prevention and treatment of breast cancer, but researchers need to conduct more studies to determine its role in the chemoprevention of breast cancer.

Lowers Blood Sugar in Diabetes

The fiber in dragon fruit can also help people with type 2 diabetes stay fuller for longer and lose weight, helping normalize blood sugar levels.

Eating dragon fruit also carries benefits for the skin. It may help reduce age spots, wrinkles, dry skin, and acne. The potential skin benefits come from its vitamin C and antioxidants in the fruit. These vitamins and minerals can play a role in gradually repairing cell damage, resulting in a more youthful appearance.

Promotes Skin Health

Eating dragon fruit also carries benefits for the skin. It may help reduce age spots, wrinkles, dry skin, and acne. The potential skin benefits come from its vitamin C and antioxidants in the fruit. These vitamins and minerals can play a role in gradually repairing cell damage, resulting in a more youthful appearance.

Reduces Inflammation

If you deal with chronic pain from conditions such as rheumatoid arthritis, eating dragon fruit might provide relief from inflammation and tenderness. The fruit has anti-inflammatory properties that can function as a natural painkiller for these symptoms.

Eating the fruit may eliminate your pain completely, it might reduce the severity of your pain, allowing you to enjoy a better quality of life.

Wards off Anemia in Pregnancy

There's an association among anemia during pregnancy and infant mortality, premature labor, miscarriages, and low birth weight.

A small study from 2017 looked at the possible effects of red dragon fruit on pregnant women with iron deficiency anemia, and found that consuming red dragon fruit juice increased the hemoglobin and erythrocyte level in the seventh day of intervention.



AMAZING FACTS

HAWAII



Hawaii's Mauna Loa is the largest active volcano in the world.

SHARK



A shark doesn't contain any bones in its body.

HEART



Your heart beats about 115,000 every day.

CLOUDS



Clouds look white because they are reflecting sunlight from above them.

GORILLA



Gorilla's burp when they are happy!

DOGS



Dogs can hear 10 times better than humans

FABLED FIRST



Simon Personal Communicator

The first Smart phone was called the Simon Personal Communicator, and it was created by IBM more than 15 years before Apple released the iPhone. IBM's Simon was the first phone to meld together the functions of a cell phone and a PDA, and it launched with the price tag of \$899 with a service contract (\$1,435 in today's dollars) The Simon was far ahead of its time, however. The Smart phone featured a mono-chrome LCD touch screen measuring 4.5 inches by 1.4 inches, and it came with a stylus.

Quote

A Negative Mind Will Never Give You A Positive Life.



Riya Karumanchi Age: 17

When Riya Karumanchi was 14-years-old, she noticed her friend's visually-impaired grandmother bump into tables and objects around the house while using her cane. Karumanchi always assumed that this cane had some technology embedded into it and was shocked to realize that the white cane wasn't updated since its initial design in 1921. So Karumanchi set out to design a smarter cane, one that would help blind people navigate better with advanced technological capability. The result was the smartCANE, a white cane embedded with sensors, a GPS, vibration, and audio feedback. The cane's proprietary computer vision technology uses built-in cameras to detect objects in real-time while the user is navigating their environment. The cane is capable of narrating the objects nearby, detecting areas that are well lit or have wet surfaces, providing turn-by-turn directions with vibrational feedback, location sharing with family and friends, and a button for medical emergencies. Karumanchi received \$56,000 in initial funding from various investors, including Microsoft, after developing her company at Ryerson University's DMZ Sandbox business incubator. Karumanchi serves as the CEO and founder of smartCANE that has gone on to help 285 million visually impaired people and has won 16 awards. Karumanchi was named as one of Teen Vogue's 21 Under 21 and is currently interning at Deloitte Digital while finishing up high school in Toronto, Canada.

WORD MEANING

Magnanimous

Word:- Magnanimous

Meaning:- Generous or forgiving, especially towards a rival or less powerful person.

Sentence:- "she should be magnanimous in victory"

COLOURING PICTURE



SCRABBLE

B	T	R	B	A	I
R	A	T	C	O	R
N	I	E	C	L	P
L	E	A	T	H	H
R	A	T	I	S	T

Quiz

1. What was Meta Platforms Inc formerly known as?
2. Which English city is known as the Steel City?
3. Which former British colony was given back to China in 1997?
4. The logo for luxury car maker Porsche features which animal?
5. Which element is said to keep bones strong?

1. Facebook.
2. Sheffield.
3. Hong Kong
4. Horse
5. Calcium

CURRENT AFFAIRS

1. Uttar Pradesh Chief Minister Yogi Adityanath initiated a grand endeavor to plant 5 crore saplings under the Tree Plantation Campaign-2023. Speaking at the inauguration near Gomti bank, he emphasized that safeguarding nature is the key to securing humanity from calamities. CM Yogi articulated that these trees would serve as bridges connecting people to both nature and spirituality. The significance of the sacred trees—Peepal, Pakad, and Banyan—was highlighted, termed as Harishankari by Indian saints. CM Yogi underscored the repercussions of tampering with nature, pointing to recent disasters like heavy rains causing loss of life and property. He invoked Prime Minister Modi's call for resolutions during the 'Kranti Diwas/Quit India Movement', linking it to the current efforts to save the environment. Amrit Stambh, a monument with symbolic numerology, was introduced, marking the region's commitment to environmental preservation.



2. India to host World Coffee Conference in Bengaluru from Sept 25
India is set to host the 5th World Coffee Conference (WCC) in Bengaluru from September 25 to 28. The International Coffee Organisation (ICO) and the Coffee Board of India will co-organize the event. The central theme of the event will be "Sustainability through Circular Economy and Regenerative Agriculture". The event will feature tennis player Rohan Bopanna, who has been appointed as its brand ambassador.



3. Aishwary Pratap Singh Tomar, along with compound archers Avneet Kaur, Sangampreet Singh Bisla, and the men's 10m air rifle team, achieved remarkable victories by securing gold medals at the FISU World University Games 2023 in Chengdu, the People's Republic of China. With these achievements, India's medal tally at the FISU World University Games 2023 reached an impressive total of 17 medals – nine gold, three silver, and five bronze. India currently holds the fourth position on the medals table, trailing behind China, Japan, and the Republic of Korea.



4. India successfully concludes trials of anti-tank guided missiles
India's indigenous Nag Anti-Tank Guided Missile (ATGM) and the variant of HELINA (Helicopter-launched NAG) Weapon System called 'Dhruvastra' are set to be inducted into the Indian army and Indian Air Force (IAF) after clearing all the trials. Both the Nag ATGM and Helina (Dhruvastra) missiles are developed by Defence Research and Development Organisation (DRDO) and manufactured by Bharat Dynamics Limited (BDL). Nag is the surface-to-air missile and Dhruvastra is the air-to-surface missile.



5. The 17-year-old chess prodigy, D. Gukesh, has dethroned Grandmaster Viswanathan Anand as India's top-ranked chess player in the live world rankings. Gukesh achieved this feat by defeating Mistradin Iskandarov in the second round of the FIDE World Cup, reaching a live rating of 2755.9 and climbing to the 9th position in the classic open category. In contrast, Anand's rating of 2754.0 caused him to drop to the 10th spot. This is only the second time since 1986 that Anand has been displaced from the top position.



6. India's first payment bank, Airtel Payment Bank also became the first Indian Bank to launch an eco-friendly debit card for its new and existing customers with a savings bank account. The debit cards will be crafted from recycle- Poly Vinyl Chloride (r-PVC) material, a certified eco-friendly material, against normal PVC cards. The introduction coincides with the Bank's dedication to sustainability and its drive to advocate for environmentally conscious practices within the financial industry.



7. India's Anahat Singh bagged the gold medal defeating Hong Kong's Ena Kwong in the U-17 category in the Asian Junior Squash Individual Championships 2023 held in China. She also has a bronze medal win, at Macau in the U-13 category in 2019. She won the U-11 title during the British Junior Open Squash and by winning the U-13 title in the Dutch Junior Open Squash 2019. In 2021, she also reached the quarterfinals of the Indian Open held at Noida.



8. NBRI launches lotus variety which blooms in all seasons. The CSIR-National Botanical Research Institute (CSIR-NBRI) launched an extraordinary variety of the national flower, Lotus, named 'Namoh 108'. This unique flower boasts an astonishing 108 petals and was dedicated to the nation on the eve of Independence Day. The unveiling took place during the NBRI's week-long festival 'One Week One Lab Programme' in Lucknow, with CSIR Director General N Kalaiselvi leading the ceremony. The 'Namoh 108' lotus variety has been meticulously developed by NBRI scientists, who brought the original plant from Manipur for comprehensive research. It became the first Lotus variety to have its entire genome sequenced, ensuring its longevity and protection from potential extinction.



9. Tamil Nadu Industrial Development Corporation (TIDCO), the nodal agency overseeing the implementation of the Tamil Nadu Defence Industrial Corridor (TNDIC), is set to establish India's first Unmanned Aerial Systems (Drone) Common Testing Centre at an outlay of Rs 45 crore. With a steadfast commitment to innovation, quality, and progress, Tamil Nadu is poised to revolutionize the industry and secure its position as a beacon of growth in the realm of Aerospace and Defence. This visionary initiative, undertaken under the Defence Testing Infrastructure Scheme (DTIS), is slated to redefine the nation's capabilities in unmanned aerial technology. Spanning an expansive area of approximately 2.3 acres, the testing centre is strategically situated within the SIPCOT Industrial Park, Vallam Vadagal near Sriperumbudur.



“Great works are performed not by strength but by perseverance.”

-SAMUEL JOHNSON

Hard Times Make Us Stronger: The Story Of The Butterfly

A man found a cocoon of a butterfly. One day a small opening appeared; he sat and watched the butterfly for several hours as it struggled to force its body through that little hole. Then it seemed to stop making any progress. It appeared as if it had gotten as far as it could and it could go no farther. Then the man decided to help the butterfly, so he took a pair of scissors and snipped off the remaining bit of the cocoon. The butterfly then emerged easily. But it had a swollen body and small, shriveled wings. The man continued to watch the butterfly because he expected that, at any moment, the wings would enlarge and expand to be able to support the body, which would contract in time. Neither happened! In fact, the butterfly spent the rest of its life crawling around with a swollen body and shriveled wings. It never was able to fly. What this man in his kindness and haste did not understand was that the restricting cocoon and the struggle required for the butterfly to get through the tiny opening were nature's way of forcing fluid from the body of the butterfly into its wings so that it would be ready for flight once it achieved its freedom from the cocoon.



Sometimes struggles are exactly what we need in our life. If nature allowed us to go through our life without any obstacles, it would cripple us. We would not be as strong as what we could have been. And we could never fly...

SOF OLYMPIAD WINNERS

SNO.	NAME	GRADE	ACHIEVEMENT
1.	HANNAN NISAR	III	International Gold medal + gifts worth Rs 1000/-
2.	FAYIZAH WANI	III	Zonal Gold medal + gifts worth Rs 1000/-
3.	AASHVI DHATWALIA	II	Gifts worth Rs 500/-
4.	HAFSA YASEEN	III	Gifts worth Rs 500/-
5.	SHAHAAN HUSSAIN WANI	III	Gifts worth Rs 500/-
6.	DHAIRYA BAKERWAL	II	Medal of distinction + certificate of zonal excellence
7.	SYED TAIMUR	III	Gold medal of excellence
8.	SACHIT JAGANNATH	III	Certificate of zonal excellence
9.	MOHD. AARIZ SHAH	III	Certificate of zonal excellence
10.	VIHAAN SHARMA	III	Certificate of zonal excellence
11.	EKAASH SHARMA	III	Certificate of zonal excellence
12.	HARNADAR SINGH	III	Certificate of zonal excellence
13.	MOHD. HAMDAN	III	Certificate of zonal excellence



SING FOR THE NATION SOLO SINGING COMPETITION Organised by Radio Mirchi.

Congratulations!! IDPIAN Aadhya Sharma got second prize in the competition as she presented a melodious patriotic song.



EDITOR'S DESK
Ms. Suman Kour
 Chief Media Editor

Life of the Student
 The student life is the best period of our life. It is the time during which boys and girls get their education in different educational institutions. The life is free from all sorts' anxieties. This is the time when a student gathers knowledge, builds up his character and prepares himself for the future life. His future life depends on how he spends his student life. If he makes the best use of his time, he will be happy. If he neglects his duties, he will suffer in life. So it is rightly called the sowing season of human life. A student's primary duty is to acquire knowledge. For that, he must study hard. He should read newspapers, magazines, and periodicals. He should be careful about his health. He should maintain the laws of keeping good health. He should be always neat and clean. He must avoid bad companions. He should be obedient to his parent, teachers, and superiors. He must be upright and truthful. He should learn good manners. He should be gentle and well-behaved. During leisure, he should take part in spreading education among illiterate people. During holidays and leisure hours, they should try to help their parents in their household works. They should so help their motherland in any national calamity. A student of today is the citizen of tomorrow. So he should utilize his student life properly.